

CONTENTS

Preface.	5	with front lacing, tied at the centre (<i>14th/15th century</i>) .	35
Shoe fashion during the High and Late Middle Ages	6	with knotted strap fastenings (<i>late 13th to 15th century</i>) .	36
First, there is the foot.	11	peasant's boot (<i>second half of 15th to 16th century</i>) . . .	37
Anatomical basics	11	Mid-calf/calf-length boot	38
Taking measurements	11	with wraparound lacing (<i>12th to 14th century</i>)	38
Lasts	12	with front lacing (<i>14th/15th century</i>)	40
Materials and tools	13	with knotted strap fastenings (<i>late 13th to late 15th century</i>)	41
Tools	13	with buckles (<i>late 14th to late 15th century</i>)	42
Leather.	15	Boot	44
Tanning methods	15	knee-high boot (<i>13th to 15th century</i>)	44
Pitch	16	waist-high boot (riding boot) (<i>14th/15th century</i>)	45
Uppers.	18	Upper assembly.	46
Upper construction using the angle system	18	Cutting	46
Upper construction for low shoes	18	Shoemaker's thread	50
Upper construction for above ankle shoes, ankle boots and mid-calf boots	19	Inserting a boar's bristle.	54
Upper construction for knee-high boots	19	Inserting a steel bristle	55
Upper construction for riding boots	20	Seam types for uppers.	55
Detailing the upper.	24	Fitting the upper.	60
Standard shoe types	25	Base building	61
Low shoe	26	Sole shapes.	61
with instep lacing (<i>11th/12th century</i>)	26	Pinching	62
with side lacing (<i>late 12th to early 14th century</i>)	27	Sole seam	65
with side buckle (<i>13th to 15th century</i>), as poulaines (<i>second half of 14th century</i>)	28	Extracting the lasts	69
with front lacing and tongue (<i>13th to 15th century</i>), as poulaines (<i>second half of 14th/15th century</i>)	29	Turning the shoes	70
with side lacing at the inner ankle (<i>late 12th to 14th century</i>)	30	Poulaines.	72
Shoe reaching above the ankle	31	Increasing the shoes' durability	74
with side lacing (<i>13th/14th century</i>)	31	Shoe care	74
Ankle boot.	32	Sole and upper repair	74
with side lacing (<i>14th/15th century</i>)	32	Insoles	75
with wraparound lacing (<i>12th/13th century</i>)	33	Partial soles	75
with buckles (<i>late 14th to late 15th century</i>)	34	Pattens	78
		Glossary	79
		List of references	79
		Sources of supply	79
		Acknowledgements	79