

Contents

Route 1	
Across the Arctic Ocean	20
From Svalbard to Greenland	
Route 2	
The Northwest Passage	34
Through the North American Arctic	
Route 3	
Hurtigruten	48
By mail ship from Bergen to the North Cape	
Route 4	
Eastern Europe	58
Down the Danube from Vienna to the Black Sea	

Route 5 Spain Jewels of the Mediterranean: the Balearic Islands	72	Route 9 Spain The Canaries: the mountains of the moon	134	Route 14 Indian Ocean A cruise around the Garden of Eden	198
Route 6 Greece Island-hopping from Ándros to Kythnos	86	Route 10 The Bahamas A Caribbean paradise	146	Route 15 Hawaii Dream beaches, tropical flowers and volcanoes: from Big Island to Kauai	208
Route 7 Greece The Southern Sporades: Lesbos to Rhodes	102	Route 11 USA Mississippi: in the footsteps of Mark Twain	164	Route 16 Galápagos Islands Noah's Ark in the Pacific	220
Route 8 Egypt A journey through the land of the pharaohs	118	Route 12 Lesser Antilles Caribbean cruise: from Puerto Rico to Grenada	176	Route 17 Fiji, Tonga, and Samoa Island-hopping in Western Polynesia	234
		Route 13 Antarctica A cruise to the world's most southerly continent	190	Route 18 Polynesia From the Marquesas to the Cook Islands	244