

Contents

Part I Pathophysiology

1 Epidemiology of AMD	3
L. Ho, R. van Leeuwen, P.T.V.M. de Jong, J.R. Vingerling, and C.C.W. Klaver	
1.1 Introduction	4
1.2 Classification	4
1.3 Frequency	4
1.3.1 Prevalence	4
1.3.2 Incidence	6
1.4 Natural Course	7
1.5 Genetic Factors	7
1.5.1 The Complement Pathway Genes	7
1.5.2 The ARMS2 (10q26) Locus	12
1.5.3 The Lipid-Related Genes	13
1.5.4 Candidate Gene Association Studies	17
1.6 Environmental Factors	18
1.6.1 Smoking	18
1.6.2 Antioxidants	18
1.6.3 Body Mass Index (BMI)	19
1.6.4 Hypertension	19
1.6.5 Cataract Surgery	19
1.7 Interaction Between Risk Determinants	20
1.7.1 Combined Effects of CFH Y402H and Other Genetic and/or Environmental Factors	20
1.7.2 Combined Effects of 10q26 SNPs and Other Genetic and/or Environmental Factors	20
1.7.3 Risk of AMD due to the Combined Effect of CFH and ARMS2/HTRA1 SNPs	21
1.7.4 Combined Effects of the APOE Gene and Other Genetic and/or Environmental Factors	21
References	22
 2 Genetics	 33
L.G. Fritsche, U. Friedrich, and B.H.F. Weber	
2.1 Introduction	33
2.2 Identifying Risk Factors of a Common Disease	34
2.3 Early Findings	35

2.3.1	The ABCA4 Gene	35
2.3.2	The APOE Gene	35
2.4	CFH: The First Major AMD Susceptibility Locus	35
2.4.1	Functional Implications	37
2.4.2	Further AMD-Associated Genes of the Complement Cascade	37
2.5	ARMS2/HTRA1: The Second Major AMD Susceptibility Locus	38
2.5.1	Functional Implications	39
2.6	Latest Findings from Genome-Wide Association Studies (GWAS)	39
2.7	Prospects of Genetics in AMD Therapy and Prevention	40
	References	40
3	Ageing of the Retina and Retinal Pigment Epithelium	45
	M.E. Boulton	
3.1	Introduction	45
3.2	Cause and Consequences of Ageing	45
3.3	Clinical Changes Associated with Retinal Ageing	46
3.4	Ageing of the Neural Retina	47
3.5	Ageing of the RPE	48
3.5.1	Changes in RPE Cell Density	49
3.5.2	Subcellular Changes in the RPE	50
3.5.3	Accumulation of Lipofuscin	50
3.5.4	Melanosomes and Pigment Complexes	52
3.5.5	Mitochondrial Changes in the Aged-RPE	52
3.5.6	The Lysosomal-Autophagy Axis	53
3.5.7	Antioxidant Capacity of the RPE	55
3.6	Ageing of Bruch's Membrane	56
3.7	The Association Between Ageing and AMD	57
	References	59
4	The Complement System in AMD	65
	P. Charbel Issa, N.V. Chong, and H.P.N. Scholl	
4.1	Introduction	66
4.2	The Complement System	66
4.3	Evidence for Involvement of the Complement System in AMD Pathogenesis	66
4.4	Clinical Relevance of Variations of Complement Genes	68
4.4.1	Systemic Complement Activation in AMD Patients	68
4.4.2	Complement Gene Variants and AMD Subtypes	69
4.4.3	Complement Gene Variants and Progression of AMD	70
4.4.4	Gene-Environment Interaction: Nutrition, Supplementation, and Smoking	70
4.4.5	Variations of Complement Genes and Response to Treatment: Pharmacogenetics	71

4.5	Emerging Pharmacological Intervention Targeting Complement Dysregulation	72
	References	73
5	Histopathology	77
	A. Lommatzsch, S. Wasmuth, D. Pauleikhoff, F.G. Holz, and A.C. Bird	
5.1	Retinal Pigment Epithelium	77
5.1.1	Structure and Function of the Retinal Pigment Epithelium.	77
5.1.2	Age-Related Changes of the Retinal Pigment Epithelium	77
5.1.3	Deposits of the Retinal Pigment Epithelium.	79
5.2	Bruch's Membrane	79
5.2.1	Structure of Bruch's Membrane	79
5.2.2	Age-Related Changes of Bruch's Membrane	79
5.2.3	Deposits of Bruch's Membrane, Drusen.	83
5.3	Choroidal Neovascularization	87
5.4	Detachment of the Retinal Pigment Epithelium.	91
5.5	Geographic Atrophy of the Retinal Pigment Epithelium	94
	References	95
 Part II Clinical Manifestations		
6	Early AMD	101
	M. Dietzel, D. Pauleikhoff, F.G. Holz, and A.C. Bird	
6.1	Introduction	101
6.2	Drusen.	102
6.2.1	Classification of Drusen	103
6.2.2	Possible Spontaneous Modifications of Drusen	103
6.2.3	Fluorescence Angiography and Optical Coherence Tomography.	106
6.3	Focal Hypopigmentation and Hyperpigmentation of the Retinal Pigment Epithelium	107
6.4	Abnormal Choroidal Perfusion.	107
	References	108
7	Clinical Manifestations of Choroidal Neovascularization in AMD	111
	R.F. Spaide	
7.1	Introduction	111
7.2	Symptoms Secondary to Choroidal Neovascularization	111
7.2.1	Decreased Visual Acuity.	111
7.2.2	Visual Distortion.	112
7.2.3	Visual Field Defects	112
7.2.4	Miscellaneous Symptoms	113
7.3	Signs of Choroidal Neovascularization	113
7.3.1	Hemorrhage.	113
7.3.2	Macular Edema and Subretinal Fluid	113
7.3.3	Retinal Pigment Epithelial Detachment	114
7.3.4	Miscellaneous Signs	116
7.4	Common Testing Modalities to Diagnose Choroidal Neovascularization	117

7.4.1	Fluorescein Angiography	117
7.4.2	Indocyanine Green Angiography	117
7.4.3	Autofluorescent Imaging.	118
7.4.4	Optical Coherence Tomography	118
	References	118
8	Geographic Atrophy	121
	M. Fleckenstein, S. Schmitz-Valckenberg, J.S. Sunness, and F.G. Holz	
8.1	Introduction	121
8.2	Clinical Characteristics and Spread of Atrophy	122
8.3	Histology and Pathogenesis of Geographic Atrophy	123
8.4	Fundus Autofluorescence Imaging in Geographic Atrophy	123
8.5	Spectral Domain Optical Coherence Tomography in Geographic Atrophy	125
8.6	Quantification of Atrophy Progression.	125
8.7	Risk Factors	127
	8.7.1 Genetic Factors	127
	8.7.2 Systemic Risk Factors.	128
	8.7.3 Ocular Risk Factors.	129
8.8	Development of CNV in Eyes with GA	129
8.9	Visual Function in GA Patients	130
	8.9.1 Measurement of Visual Acuity	130
	8.9.2 Contrast Sensitivity	131
	8.9.3 Reading Speed	131
	8.9.4 Fundus Perimetry	132
8.10	Perspectives for Therapeutic Interventions	132
	8.10.1 Anti-Inflammatory Substances	132
	8.10.2 Complement Inhibition	133
	8.10.3 Neuroprotection	133
	8.10.4 Alleviation of Oxidative Stress	133
	8.10.5 Serotonin-1A-Agonist.	133
	8.10.6 Perspective	133
	References	134

Part III Diagnostics

9	Fundus Imaging of AMD	141
	R.F. Spaide	
9.1	Introduction	142
9.2	Color Photography	142
9.3	Monochromatic Photography	142
9.4	Autofluorescence Imaging	142
9.5	Optical Coherence Tomography	144
	9.5.1 The Wave-Like Nature of Light	144
	9.5.2 Coherence Length	144
	9.5.3 Time Domain Optical Coherence Tomography	144
	9.5.4 Frequency Domain Optical Coherence Tomography	145
	9.5.5 Increasing Depth of Imaging	145
	9.5.6 General Optical Coherence Tomographic Imaging Characteristics of the Macular Region	145

9.6	Fundus Angiography	146
9.6.1	Fluorescein Dye Characteristics	146
9.6.2	Indocyanine Green Dye Characteristics	146
9.6.3	Cameras Used in Fluorescence Angiography	147
9.6.4	Patient Consent and Instruction	147
9.6.5	Fluorescein Injection.	148
9.6.6	Fluorescein Technique	148
9.6.7	Indocyanine Green Technique	149
9.7	Fluorescein Angiographic Interpretation	149
9.7.1	Filling Sequence	149
9.7.2	The Macula	149
9.8	Deviations from Normal Angiographic Appearance	149
9.9	Indocyanine Green Angiographic Interpretation	150
9.10	Non-Neovascular AMD	150
9.10.1	Drusen.	150
9.11	Pigmentary Abnormalities Including Geographic Atrophy	151
9.12	Neovascular AMD	152
9.13	Retinal Pigment Epithelial Detachments	155
9.14	Retinal Vascular Contribution to the Exudative Process	158
9.15	Follow-up	159
9.15.1	Thermal Laser.	159
9.15.2	Photodynamic Therapy	159
9.15.3	Anti-VEGF Therapy	159
	References	161
10	Optical Coherence Tomography	163
	S. Wolf	
10.1	Introduction	163
10.2	Technique of SD-OCT	163
10.3	OCT in Age-Related Maculopathy.	165
10.4	OCT in Geographic Atrophy	167
10.5	OCT in Exudative AMD.	167
10.6	OCT for Follow-up After Treatment for Exudative AMD.	167
	References	171
11	Microperimetry	173
	E. Midena and E. Pilotto	
11.1	Introduction	173
11.2	Microperimetry: The Technologic Evolution.	174
11.2.1	From Manual to Automatic Microperimetry	174
11.2.2	Automatic Microperimetry	174
11.2.3	Microperimetry: The Examination	175
11.2.4	Microperimetry: Test Evaluation	176
11.2.5	Other Microperimeter	178
11.3	Microperimetry in AMD	178
11.3.1	Early AMD	178
11.3.2	Geographic Atrophy	179
11.3.3	Neovascular AMD	181
11.3.4	Neovascular AMD: Treatment	183
	References	186

Part IV Prophylaxis and Therapy

12 Nutritional Supplementation in AMD	191
A.D. Meleth, V.R. Rajji, N. Krishnadev, and E.Y. Chew	
12.1 Introduction	191
12.2 Antioxidants and Zinc	192
12.3 Beta-Carotene	193
12.4 Macular Xanthophylls	194
12.5 Omega-3 Long Chain Polyunsaturated Fatty Acids	195
12.6 Vitamin E	196
12.7 Vitamin C	196
12.8 Zinc	197
12.9 Folate and B-Vitamins	197
12.10 AREDS2	198
References	199
13 Laser Photocoagulation and Photodynamic Therapy	
G. Soubrane	
13.1 Introduction	203
13.2 Basic Principles	203
13.2.1 Clinical Background	203
13.2.2 Laser Photocoagulation	205
13.2.3 Photodynamic Therapy	206
13.3 Treatment Procedures	207
13.3.1 Laser Photocoagulation	207
13.3.2 Photodynamic Therapy	209
13.4 Study Results	210
13.4.1 Laser Photocoagulation	210
13.4.2 Photodynamic Therapy	213
13.5 Safety and Adverse Events	216
13.5.1 Laser Photocoagulation	216
13.5.2 Photodynamic Therapy	216
13.6 Variations	218
13.6.1 Laser Photocoagulation: Different Wavelengths	218
13.6.2 Photodynamic Therapy	218
13.6.3 Combination Treatments	219
13.7 Present Guidelines	220
13.7.1 Laser Photocoagulation	220
13.7.2 Photodynamic Therapy	220
13.8 Perspectives	221
References	222
14 Anti-VEGF Therapy: Basics and Substances	225
S. Grisanti, J. Lüke, and S. Peters	
14.1 Introduction	225
14.2 Vascular Endothelial Growth Factor (VEGF)	225
14.3 Targets Within the VEGF Pathway	227

14.3.1	Sequestration of Released VEGF	227
14.3.2	Inhibition of VEGF and VEGF Receptor Synthesis by Small Interfering RNA (siRNA)	228
14.3.3	Inhibition of the Intracellular Signal Cascade	229
14.3.4	Natural VEGF Inhibitors.	229
14.4	New Methods of Drug Delivery	230
14.5	Combined Strategies.	230
	References	231
15	Anti-VEGF Therapy for AMD: Results and Guidelines.	233
	P. Mitchell and S. Foran	
15.1	Introduction	233
15.1.1	Anti-VEGF Therapies for NV-AMD	234
15.1.2	Evidence-Based Guidelines for Managing Diseases	235
15.1.3	Existing Guidelines for Managing NV-AMD with Anti-VEGF Agents	235
15.2	Five Key Questions Addressed in NV-AMD Guidelines	236
15.2.1	How Should Neovascular NV-AMD be Diagnosed?	236
15.2.2	Which NV-AMD Lesions Should be Considered for Anti-VEGF Treatment?	237
15.2.3	What Parameters Define Whether NV-AMD Is Active and Would Likely Benefit from Anti-VEGF Therapy, and Which Features Suggest that Treatment Would be Futile?	238
15.2.4	Do Flexible Therapy Regimens Provide as Satisfactory Visual Outcomes as Monthly Therapy? How Should Treatment be Started? What Flexible Approaches Are Reported?	238
15.2.5	What Are the Long-Term Considerations in Anti-VEGF Therapy of NV-AMD?	242
	References	243
16	Combination Therapies for the Treatment of AMD	247
	M. Barakat, N. Steinle, and P.K. Kaiser	
16.1	Introduction	247
16.2	Overview of Currently Available Therapies.	248
16.3	Current Limitation of Therapy in the Treatment of Exudative AMD	249
16.4	Rationale for Combination Therapy in the Treatment of Exudative AMD	249
16.5	Clinical Data Examining Combination Therapy for Exudative AMD	250
16.5.1	Verteporfin PDT Therapy in Combination with Triamcinolone.	250
16.5.2	Verteporfin PDT Therapy in Combination with Anti-VEGF Agents	251
16.5.3	Triple Therapy for Exudative AMD	254
16.5.4	Combination Therapy with Radiation.	255
	References	256

17 Treatment Approaches for Dry AMD	263
Z. Yehoshua and P.J. Rosenfeld	
17.1 Introduction	263
17.2 Current Treatment Options for Dry AMD	263
17.3 Targeting the Cause of AMD	264
17.4 Preclinical and Phase 1 Drugs in Development for Dry AMD	264
17.4.1 Clinical Trial Endpoints in Dry AMD	264
17.4.2 Drugs to Promote Survival of Photoreceptors and the RPE ...	265
17.4.3 Drugs to Prevent Injury from Oxidative Stress and Micronutrient Depletion.....	268
17.4.4 Drugs to Suppress Inflammation.....	269
17.5 Summary.....	273
References	273
18 Surgical Therapy	275
B. Kirchhof	
18.1 Maculoplasty	275
18.2 Macular Translocation	276
18.3 Single Cell Suspensions	277
18.4 Pigment Epithelium-Choroid Translocation (Patch)	277
18.5 Indications for Surgery.....	278
18.5.1 Non-responder.....	278
18.5.2 Pigment Epithelium Rupture.....	278
18.5.3 Massive Submacular Bleeding	279
18.5.4 Dry AMD	280
18.5.5 Macula Dystrophies	282
References	282
Part V Rehabilitation	
19 Reading with AMD	287
S. Trauzettel-Klosinski	
19.1 Introduction	287
19.2 Physiological Principles.....	287
19.3 Reading with a Central Scotoma	288
19.3.1 The Reading Visual Field Related to Other Parameters ...	288
19.3.2 The Significance of Fixation Behaviour.....	290
19.3.3 Examination of Fixation Behaviour	291
19.3.4 Motor Aspects.....	291
19.4 Methods to Examine Reading Ability	291
19.5 Rehabilitation Approaches to Improve Reading Ability	292
References	294
20 Low Vision Aids in AMD	295
Klaus Rohrschneider	
20.1 Definition of Visual Impairment.....	295
20.2 Effects of Visual Impairment in AMD	296
20.3 Choosing the Required Magnification	296

20.4	Methods of Magnification	297
20.5	Optical Magnifying Visual Aids for Distance	297
20.5.1	Aids for Watching Television	298
20.6	Optical Magnifiers for Short Distance	298
20.7	Electronic Magnifiers for Low Distance Tasks	303
20.8	Electronic Reading Instruments	305
20.9	Additional Aids	305
20.10	Noteworthy Details for the Provision of Low Vision Aids	306
20.11	Basic Information on Prescription	306
	References	307
Index		309