

- 5 Foreword
Rahul Mehrotra
- 10 Introduction: The Urgency
for a Radical Redesign
of Our Urban Environment

Urban Design Must Change Course

- 16 Permeable Permanence Matters
- 22 Spatial Needs for Non-Human
Companions
- 30 Exercises

Urban Design for Social and Ecological Interplay

- 40 Understanding Flexibility,
Adaptation, and Reciprocity
- 48 Encompassing Bodies and
Ecosystems
- 54 Exercises

Urban Design Remains an Unfinished Composition

- 70 Rhythms of Straight Lines
and Colors
- 71 Searching for Harmony
Within Infinity
- 75 Recentering the Human
Experience
- 80 Landscape as a Multifunctional
Infrastructure
- 88 Exercises

Change in Urban Design Must Come from Within

- 102 Embracing the Tree
- 106 Transforming Cities from the
Inside Out
- 108 Exercises
- 115 Biotope City
- 126 About the Authors
- 127 Acknowledgments and Gratitude