

# Contents

<b>1</b>	<b>Introduction: Sustainable Ageing in Germany and China—The Role of International Cooperation</b>	<b>1</b>
	Marie Peters and Sabine Porsche	
<b>Part I Demographic Change and Its Challenges in China and Germany</b>		
<b>2</b>	<b>Thoughts on China’s Long-Term Care Development Policy</b>	<b>17</b>
	Xiaolan Wu	
<b>3</b>	<b>Digital Health for an Ageing Society</b>	<b>31</b>
	Luc Yao	
<b>Part II Care Insurance</b>		
<b>4</b>	<b>Social Long-Term Care Insurance in Germany</b>	<b>47</b>
	Steffen Fleßa	
<b>5</b>	<b>Exploring the Establishment of Statutory Social Long-Term Care Insurance in China</b>	<b>69</b>
	Chun Ding and Dan Liu	
<b>6</b>	<b>Qingdao Long-Term Care Social Insurance Pilot</b>	<b>91</b>
	Bei Lu and Guanggang Feng	
<b>Part III Care Education</b>		
<b>7</b>	<b>Curriculum Development in Nursing Education in Germany</b>	<b>109</b>
	Ingrid Darmann-Finck	
<b>8</b>	<b>Professional Competence of Teachers in the Training of Nursing Specialists Against the Background of Practice-Related Competence Models</b>	<b>119</b>
	Astrid Seltrecht	

9    **Coordinated Development of the Beijing-Tianjin-Hebei Region—Research into How the Elderly Care Industry and Vocational Education in the Field of Gerontology Are Being Integrated—A Case Study of Tianjin City Vocational College** ..... 135  
Jian Fu

10   **Age Simulation Suits—The First Step in Creating Empathy und Understanding for the Elderly** ..... 151  
Andreas Lauenroth, Stephan Schulze, Birgit Teichmann, Kevin Laudner, Karl-Stefan Delank, and René Schwesig

11   **Project Case: Promotion of Dual Vocational Education in Panjin—*Geriatric Nursing at Panjin’s Vocational and Technical College*** ..... 161  
Li Lin and Annika Fründt

12   **Project Case: Establishing Elderly Care System in China—Sustainable Improvement of Situation for the Elderly** ..... 165  
Mingming Wang and Sabine Porsche

13   **Project Case: Triple Win Project—Fair and Sustainable Recruitment of Nurses** ..... 169  
Maja Bernhardt and Sonja Alves Luciano

14   **Project Case: Secure Skilled Labour in Elderly Care—A Sustainable German-Vietnamese Approach** ..... 173  
Florian Krins

15   **Project Case: Sino-German Platform for Precision Oncology—Tailor-Made Trainings for Medical Professionals** ..... 177  
Sabine Porsche and Shuo Cui

**Part IV   Age-Friendly Cities and Communities**

16   **Adapting Cities to Demographic Challenges of Ageing: A Review of the Political Landscape and Approaches in China and Germany** ..... 183  
Marie Peters

<b>17</b>	<b>Research on Key Technology for Construction Standards for Retirement Villages—Experiences of Elderly Care Tourism in Developed Countries and China’s Ageing Population</b> .....	<b>199</b>
	Nailin Lou and Youyang Zhao	
<b>18</b>	<b>Statistical Indicators for the Development of China’s Elderly Care Facilities</b> .....	<b>207</b>
	Youyang Zhao	
<b>19</b>	<b>Shaping Inclusive Urban Districts: DGNB-Certification as a Tool for Age-Appropriate Quarters</b> .....	<b>215</b>
	Christian Eichinger	
<b>20</b>	<b>Digital Emotion-Mapping for Barrier-Free Design. How User-Specific Assessment of Environmental Experience Helps to Design Better Cities</b> .....	<b>227</b>
	Sebastian Schulz and Zheng Chen	
<b>21</b>	<b>Active Ageing—Research on Creating a “Barrier-Free” Outdoor Living Environment for Home-Based Residential Care</b> .....	<b>243</b>
	Ping Zhang, Chengfang Wang, Siqi Yin, and Shenmao Yang	
<b>22</b>	<b>Approaches and Guiding Principles for Age-Appropriate Neighbourhood Development in Rural Areas—Experiences from Germany</b> .....	<b>255</b>
	Kathleen Schmidt and Frank Schwartze	
<b>23</b>	<b>Design Strategies for Elderly Care Communities in a Diverse Society</b> .....	<b>273</b>
	Yiqun Guan and Yiming Liu	
<b>24</b>	<b>Layout Designs of Institutional Care Facilities in the US, Germany and Japan—The Potential Impact on the Evolution of China’s Elderly Care Facilities</b> .....	<b>283</b>
	Sha He, Deqing Bu, and Bo Zhang	
<b>25</b>	<b>Project Case: Integrated Elderly Care Project in Yichang City</b> ....	<b>293</b>
	Chenzi Yiyang	
<b>26</b>	<b>Conclusion: Lessons Learnt and Future Paths for International Cooperation</b> .....	<b>297</b>
	Marie Peters and Sabine Porsche	