

CONTENTS

Top Walks	8
Walking on Madeira	10
GPS tracks and coordinates of the starting points	14
Landscapes, flora and fauna	18
Base locations and places of interest	34
Travel information	48

Funchal, Camacha and the south coast

1	2.00 hrs	Descent from Monte to the Levada do Bom Sucesso	58
2	1.40 hrs	From Monte to the Jardim Botânico	61
3	2.30 hrs	From Monte to Palheiro Gardens	64
4	3.45 hrs	From Camacha to Monte	67
5	3.45 hrs	Circular walk near Camacha	70
6	4.30 hrs	From Camacha to Sítio das Quatro Estradas	74
7	2.30 hrs	From Estreito de Câmara de Lobos to Cabo Girão, 580m ..	78
8	3.20 hrs	From Boa Morte to Cabo Girão, 580m	82
9	2.00 hrs	From Boa Morte along the Levada do Norte	86
10	3.10 hrs	Tabua valley	88
11	6.00 hrs	From Ponta do Sol into the Tabua valley	91
12	2.30 hrs	Lombada da Ponta do Sol	95

The east and the north coast

TOP	13	3.00 hrs	São Lourenço peninsula	98
	14	2.10 hrs	Over Pico do Facho to Caniçal	102
	15	3.00 hrs	From Maroços to the Caniçal tunnel	106
	16	3.00 hrs	Via Lamaceiros to Portela	108
	17	4.10 hrs	Vereda das Funduras	110
TOP	18	4.40 hrs	From Porto da Cruz to Machico	114
	19	3.00 hrs	Short circular walk Porto da Cruz	120
	20	6.45 hrs	Long circular walk Porto da Cruz	124
	21	2.40 hrs	From Referta to Cruz	128
	22	3.00 hrs	To the source of the Levada do Castelejo	130
	23	2.15 hrs	Onto Eagle Rock, 590m	132
	24	2.30 hrs	Ponta do Clérigo	134
	25	2.15 hrs	Fajã da Rocha do Navio	136
	26	1.50 hrs	The Caminho Real of São Jorge	139
TOP	27	2.30 hrs	Levada do Rei	142
	28	1.50 hrs	From Arco de São Jorge to São Cristovão	146
	29	2.30 hrs	From Ponta Delgada to São Cristovão	148
	30	1.10 hrs	From Pico das Pedras to Queimadas	152
TOP	31	3.30 hrs	Caldeirão Verde	154
	32	2.40 hrs	The circular walk from Boaventura	158
	33	1.50 hrs	Levada da Fajã do Rodrigues	161

Central Madeira with Curral das Freiras and Ribeiro Frio

	34	3.00 hrs	Chão dos Terreiros, 1436m.	164
	35	1.20 hrs	From Eira do Serrado to Curral das Freiras.	166
	36	2.40 hrs	From Boca da Corrida to Curral das Freiras	168
TOP	37	4.00 hrs	Pico Grande, 1654m.	170
	38	4.00 hrs	From Boca da Corrida to Boca da Encumeada, 1007m ...	174
TOP	39	2.00 hrs	Via Achada do Teixeira onto the Pico Ruivo, 1862m.	178
TOP	40	6.00 hrs	From Pico do Arieiro onto the Pico Ruivo, 1862m.	180
	41	5.30 hrs	Over Pico Ruivo to the Encumeada pass.	184
	42	0.40 hrs	The 'belvedere' of Ribeiro Frio.	188
	43	2.30 hrs	From Ribeiro Frio to Chão das Feiteiras, 1170m.	190
TOP	44	3.30 hrs	From Ribeiro Frio to Portela.	192

Boca da Encumeada, Paul da Serra and Rabaçal

	45	1.30 hrs	Botanising in the Folhadal.	196
	46	2.20 hrs	Levada das Rabaças.	198
	47	1.50 hrs	Chão dos Louros circular walk.	200
	48	4.20 hrs	From Boca da Encumeada to Curral das Freiras.	202
	49	1.30 hrs	Lombo do Mouro.	206
	50	1.40 hrs	From Bica da Cana to Pináculo.	208
TOP	51	2.50 hrs	Levada da Bica da Cana.	210
	52	2.40 hrs	From Cova Grande into Cascalho.	212
	53	2.30 hrs	From Cova Grande to the Fátima chapel.	216
	54	3.00 hrs	Lagoa do Vento.	218
	55	2.00 hrs	The Risco waterfall near Rabaçal.	222
TOP	56	2.45 hrs	From Rabaçal to the 25 springs.	224
	57	5.00 hrs	Levada da Rocha Vermelha.	228
	58	1.20 hrs	From Fanal to Fio.	231
	59	3.15 hrs	Levada dos Cedros circular walk.	234

West Madeira

	60	4.40 hrs	From Prazeres into the Ribeira da Achada valley.	236
	61	2.30 hrs	Maloeira circular walk.	238
TOP	62	5.40 hrs	Paul do Mar circular walk.	242
	63	2.15 hrs	Vereda do Pesqueiro.	246
	64	4.10 hrs	From Ponta do Pargo to Lombada dos Marinheiros.	248
TOP	65	4.10 hrs	Ponta do Pargo circular walk.	252
	66	2.40 hrs	Levada do Moinho 1.	256
	67	2.10 hrs	Levada do Moinho 2.	259
TOP	68	1.40 hrs	Fajã Quebrada Nova.	263
	69	3.20 hrs	From Achadas da Cruz to Porto Moniz.	266
TOP	70	3.20 hrs	From Lamaceiros into the Ribeira da Janela valley.	270

Index.	272
-------------	-----