Contents

VII Preface

XIII Foreword

xv Contributors

Early Eating Behavior and Taste Development Influence in Children

1 Early Development of Taste and Flavor Preferences and Consequences on Eating Behavior

Nicklaus, S.; Schwartz, C.; Monnery-Patris, S.; Issanchou, S. (France)

11 Early Development of Food Preferences and Healthy Eating Habits in Infants and Young Children

Maier-Nöth, A. (Switzerland)

21 Effect of Parental Feeding Practices (i.e., Responsive Feeding) on Children's Eating Behavior

Mallan, K.; Miller, N. (Australia)

31 Parental Feeding Practices and Associations with Children's Food Acceptance and Picky Eating

Fries, L.R.; van der Horst, K. (Switzerland)

41 Summary on Early Eating Behavior and Taste Development Influence in Children

Nicklaus, S. (France)

What Children Eat

43 What Children Eat in Developing Countries: Diet in the Etiology of Undernutrition?

Henry, C.J. (Singapore)

55 Children's Eating Behaviors and Energy Intake: Overlapping Influences and Opportunities for Intervention

Forde, C.G.; Fogel, A.; McCrickerd, K. (Singapore)



69 FITS and KNHS Overview: Methodological Challenges in Dietary Intake Data Collection among Infants, Toddlers, and Children in Selected Countries

Eldridge, A.L. (Switzerland)

79 Kids Nutrition and Health Study in China

Wang, D. (Switzerland)

- **89 Feeding Patterns of Infants and Toddlers: The Mexico Case Study** Villalpando-Carrión, S. (Mexico); Eldridge, A.L. (Switzerland)
- 99 The 2016 Feeding Infants and Toddlers Study (FITS): Dietary Intakes and Practices of Children in the United States from Birth to 48 Months Bailey, R.L.; Jun, S. (USA); Eldridge, A.L. (Switzerland)
- 111 Usual Energy and Nutrient Intakes and Food Sources of Filipino Children Aged 6–12 Years from the 2013 National Nutrition Survey Angeles-Agdeppa, I. (Philippines); Dinney, L. (Switzerland); Capanzana, M.V. (Philippines)
- 123 Food and Nutrition in Malaysian Children

Karim, N.A.; Abdul Razak, N. (Malaysia)

131 Summary on What Children Eat

Henry, C.J. (Singapore)

Importance of Breakfast for Children's Health and Development

- **133 Breakfast: Shaping Guidelines for Food and Nutrient Patterns** Gibney, M.J.; Uzhova, I. (Ireland)
- **143 The Importance of Dietary Protein at Breakfast in Childhood** Karagounis, L.G. (Switzerland)
- 153 Breakfast Consumption versus Breakfast Skipping: The Effect on Nutrient Intake, Weight, and Cognition O'Neil, C.E.; Nicklas, T.A. (USA)
- 169 Breakfast, Glycemic Index, and Cognitive Function in School Children: Evidence, Methods, and Mechanisms

Sünram-Lea, S.I. (UK)

179 Summary on Importance of Breakfast for Children's Health and Development

Nicklas, T.A. (USA)

181 Subject Index