

Grammar	Vocabulary	Reading / Listening	Speaking / Writing
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## 1 Hello!

**1A** Hello and goodbye  
**1B** Introductions  
**1C** Personal information

**p6**  
**p8**  
**p10**

*Be: I, you, he, she, it*

Days  
Countries

Saying hello and  
goodbye  
Introductions

Personal information

## 2 Conversations

**2A** Who are they?  
**2B** All about you  
**2C** Everyday conversations

**p12**  
**p14**  
**p16**

*Be: all forms  
Questions*

Nationalities  
Pronunciation: Word  
stress  
Jobs  
Numbers 21 – 100  
Activities

Conversations

Everyday phrases  
A personal profile

**Video:** All about me

**p18**

## 3 Things

**3A** My things  
**3B** Shopping  
**3C** Out and about

**p20**  
**p22**  
**p24**

Singular and plural  
nouns;  
*a / an / some*

My things  
Clothes  
Colours

Shopping

Prices  
In a café  
A form  
Capital letters

## 4 People and places

**4A** Family and friends  
**4B** My home and my things  
**4C** A night out

**p26**  
**p28**  
**p30**

Possessives  
Adjectives  
*Have, has*

Family  
Adjectives for people  
Adjectives for places  
and things

A blog  
Pronunciation: 's  
My brother and sister  
What's new?

Talking about time  
Someone in my family  
Adverbs

**Video:** Family tree

**p32**

## 5 My life

**5A** Activities  
**5B** Chatting  
**5C** Talking about yourself

**p34**  
**p36**  
**p38**

Present Simple: positive  
and negative

Sport and free time  
Common verbs and  
nouns  
together

Activities  
Conversations

Making small talk  
Wh- questions  
A blog  
And / because

## 6 Routines

**6A** My routine  
**6B** When do you ... ?  
**6C** In a hotel

**p40**  
**p42**  
**p44**

Adverbs of frequency  
Pronunciation: /s/ and  
/z/; Missing sounds

Verbs for daily routines  
Prepositions

Mark's Mondays  
How famous people  
start the day  
Questions and answers

Checking in to a hotel  
Asking about facilities  
Filling in a form  
Dates, postcodes and  
phone numbers

**Video:** Two different routines **p46**

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## 7 Free time

7A What do you like doing?  
7B My favourites  
7C Travel

*Like / love / hate + -ing*  
Word order in questions  
**p48** Pronunciation: 'Do you' in questions  
**p50**  
**p52**

Free time activities  
Travel

My friends  
#metime  
An interview

At the train station  
A description of a day  
Time sequencers

## 8 Eat, play, shop

8A The food I like  
8B Yes, I can!  
8C Making requests

*Some and any*  
*Can and can't*

**p54**  
**p56**  
**p58**

Food  
Pronunciation: sounds and spelling  
Adverbs

What food do you like?  
Famous people and food  
My daughter – the art student  
Questions and answers

Shopping  
A text message  
Making requests and giving answers

**Video:** Food around the world p60

## 9 Out and about

9A What are they doing?  
9B Now and usually  
9C Meeting up

Present Continuous  
Present Continuous and Present Simple

**p62**  
**p64**  
**p66**

Verb + noun collocations  
Holidays and activities  
Pronunciation: word stress

A phone call home  
A break from normal life

Meeting friends  
Social media posts

## 10 Places

10A Holiday rentals  
10B Where were you?  
10C A new place

*There is / There are*  
*Was / were*

**p68**  
**p70**  
**p72**

Rooms  
Places in a town  
Prepositions

Describing a holiday rental  
Where were you last night?

Asking for and giving directions  
An email  
Describing your home and where it is

**Video:** Hotels and holidays p74

## 11 Last week

11A Last weekend  
11B My best experience  
11C What was it like?

**p76**  
**p78**  
**p80**

Past Simple: Common irregular verbs  
Past simple: Regular  
Pronunciation: Past Simple endings

Phrases with *do, go, get and have*  
Adjectives to describe experiences

What did you do on Sunday?  
My experiences abroad  
My best experiences

Giving opinions  
Pronunciation: showing feelings  
A restaurant review  
Describing your experiences

## 12 Plans and experiences

12A Future plans  
12B Weekends  
12C Goodbye and thank you

**p82**  
**p84**  
**p86**

*Be going to*  
Pronunciation: weak form of 'to'  
Tense review

Phrases with *do, get, go and move*  
Adjectives to describe feelings

A radio advert  
What next?  
Living for the weekend

Starting and ending a conversation  
Messages  
Looking back and looking forward

**Video:** What did you do? p88