

	Grammar	Vocabulary	Reading / Listening	Speaking / Writing
<b>1 My things and me</b>	Be: Present Simple Possessive adjectives and possessive 's	Days and numbers My things Countries and nationalities	Introductions What's in your bag? My kind of music	Giving contact details A personal profile Adding information
1A Hello!	p6			
1B This is my bag	p8			
1C Festivals	p10			
1D Contact me	p12			
<b>2 Free time</b>	Present Simple: <i>I / you / we / they</i> Pronunciation: 'Do you' in questions Present Simple: <i>he / she / it</i> Pronunciation: 3rd person verb endings	Free time activities (1) Free time activities (2) Adjectives	At the end of the day Questions and answers My unusual friend My favourite day of the week	Telling the time Asking about a club or a class An email to a friend Correcting mistakes
2A Time to relax	p14			
2B Friends	p16			
2C The perfect Saturday	p18			
2D Finding out more	p20			
<b>Video: Festivals</b>	p22			
<b>3 Routines</b>	Prepositions of time Adverbs of frequency	Daily routines Modifiers ( <i>quite, really, etc.</i> ) Expressions of frequency	My routine My busy life Living together Hygge – A way of life	In a restaurant An invitation
3A How busy is your life?	p24			
3B People I live with	p26			
3C A happy life	p28			
3D Going out	p30			
<b>4 My home</b>	<i>There is / There are</i> Articles Pronunciation: plural nouns; <i>the, a, an</i>	Furniture Prepositions of place Places in a town Talking about homes	Describing a living room and bedroom My home town Unusual homes	Asking for and giving directions A description of your home Describing where you live
4A My favourite rooms	p32			
4B My town	p34			
4C Unusual homes	p36			
4D Finding places	p38			
<b>Video: Copenhagen</b>	p40			
<b>5 Food and shopping</b>	Countable and uncountable nouns; <i>some and any, a / an, this / that / these / those</i> Quantifiers: <i>much, many, a lot of, etc.</i>	Food Containers Clothes	In the kitchen The food we love Healthy eating Second-hand fashion	Shopping for clothes A description of a survey Describing a graph
5A My kitchen	p42			
5B How healthy are you?	p44			
5C Fashion	p46			
5D Shopping for clothes.	p48			
<b>6 Likes and dislikes</b>	<i>Like + verb +-ing</i> <i>Can and can't</i> Pronunciation: <i>Can</i> and <i>can't</i> Past Simple of <i>be</i> <i>Could</i> Pronunciation: <i>was, were and could</i>	Hobbies Changing fashions Jobs	Talking about hobbies Making money from hobbies Changing high streets Talking about your home town Hidden talents	Arranging to meet An email Arranging to meet Using pronouns
6A Hobbies	p50			
6B The shops were full	p52			
6C Talents	p54			
6D Making plans	p56			
<b>Video: Small places</b>	p58			

## Grammar

## Vocabulary

## Reading / Listening

## Speaking / Writing

### 7 Life stories

- 7A** Sporting superstars  
**7B** My story  
**7C** A chance meeting  
**7D** Places and people

- p60** Past Simple: regular verbs  
**p62** Pronunciation: past simple verb endings  
**p64** Past Simple: irregular verbs  
**p66**

Reflexive pronouns  
Prepositions and adverbs

Maya Gabeira  
Biography of Novak Djokovic  
Why we talk about ourselves  
A first date  
The day when everything changed

Talking about holidays  
A biography  
Connecting ideas

### 8 Right now

- 8A** Are you having fun?  
**8B** Not always the same  
**8C** Festivals  
**8D** Events

- p68** Present Continuous  
**p70** Pronunciation: linking consonants and vowels  
**p72** Present Simple and Present Continuous  
**p74**

Phrases with *go / have / get*  
Seasons; the weather  
Entertainment

What are you doing?  
Valencia  
At a festival  
The Edinburgh Fringe Festival

Booking a ticket to an event  
An email  
Describing and recommending a show  
-ed and -ing adjectives

**Video: Weekends**

**p76**

### 9 Differences

- 9A** The same or different?  
**9B** The best place to ...  
**9C** The best job  
**9D** Plane or boat?

- p78** Comparatives  
**p80** *Have got*  
**p82** Pronunciation: weak form of *than*  
**p84** Superlatives

Places to visit in a city  
Phrasal verbs and verb collocations

We're not the same!  
A conversation at work  
Dubai  
Three cities  
The best job in the world?

Flying  
An email  
Emailing to complain

### 10 Plans

- 10A** I'm going to ...  
**10B** Just my luck!  
**10C** You're going to fail  
**10D** My plans

- p86** *Be going to* and Present Continuous  
**p88** Pronunciation: stressed words in verb forms  
**p90** *Be going to* for predictions  
**p92** Verb + *to* + infinitive  
Pronunciation: *to*

Activities  
Resolutions

Life plans  
Good and bad luck  
Make your own luck  
New Year Resolutions

Making suggestions  
Holidays and plans

**Video: Cities**

**p94**

### 11 Experiences

- 11A** Living your best life  
**11B** Been there, done that  
**11C** Success  
**11D** When things go wrong

- p96** Present Perfect + *ever / never*  
**p98** Present Perfect and Past Simple  
**p100** *yet* and *already*  
**p102**

Past participles  
Collocations with *take up / change / go*  
Verbs

Doing a quiz  
Messages  
Before I'm 30  
Reaching the top

Making phone calls  
A feedback form  
Giving feedback

### 12 Travel

- 12A** Getting around  
**12B** Events  
**12C** Ecotravel  
**12D** Getting around

- p104** Modals: *have to, don't have to, can, can't*  
**p106** Pronunciation: *have to*  
**p108** Tense review  
**p110**

Transport collocations  
Holidays

The new way to get around  
Living with Glastonbury  
Events  
Green travel

Taking the train  
Giving directions in an email

**Video: Extreme sports**

**p112**

Grammar Reference **p114**

Communication Bank **p126**

Irregular Verbs **p132**

Audio Scripts **p133**