

Grammar	Vocabulary	Reading / Listening	Speaking / Writing
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1 My things and me

1A Hello!
1B This is my bag
1C Festivals
1D Contact me

<i>Be: Present Simple</i>	Days and numbers	Introductions	Giving contact details
<i>Possessive adjectives and possessive 's'</i>	My things	What's in your bag?	A personal profile
p6	Countries and nationalities	My kind of music	Adding information
p8			
p10			
p12			

2 Free time

2A Time to relax
2B Friends
2C The perfect Saturday
2D Finding out more

<i>Present Simple: I / you / we / they</i>	Free time activities (1)	At the end of the day	Telling the time
p14 <i>Pronunciation: 'Do you' in questions</i>	Free time activities (2)	Questions and answers	Asking about a club or a class
p16	<i>Adjectives</i>	My unusual friend	
p18		My favourite day of the week	An email to a friend
p20			Correcting mistakes
	<i>Pronunciation: 3rd person verb endings</i>		

Video: Festivals

p22

3 Routines

3A How busy is your life?
3B People I live with
3C A happy life
3D Going out

<i>Prepositions of time</i>	<i>Daily routines</i>	My routine	In a restaurant
<i>Adverbs of frequency</i>	<i>Modifiers (quite, really, etc.)</i>	My busy life	An invitation
p24	<i>Expressions of frequency</i>	Living together	
p26		Hygge – A way of life	
p28			
p30			

4 My home

4A My favourite rooms
4B My town
4C Unusual homes
4D Finding places

<i>There is / There are</i>	<i>Furniture</i>	Describing a living room and bedroom	Asking for and giving directions
<i>Articles</i>	<i>Prepositions of place</i>	My home town	A description of your home
p32	<i>Places in a town</i>	Unusual homes	Describing where you live
p34	<i>Talking about homes</i>		
p36			
p38			

Video: Copenhagen

p40

5 Food and shopping

5A My kitchen
5B How healthy are you?
5C Fashion
5D Shopping for clothes.

<i>Countable and uncountable nouns; some and any, a / an, this / that / these / those</i>	<i>Food</i>	In the kitchen	Shopping for clothes
	<i>Containers</i>	The food we love	A description of a survey
	<i>Clothes</i>	Healthy eating	Describing a graph
p42		Second-hand fashion	
p44			
p46			
p48			

6 Likes and dislikes

6A Hobbies
6B The shops were full
6C Talents
6D Making plans

<i>Like + verb +ing</i>	<i>Hobbies</i>	Talking about hobbies	Arranging to meet
<i>Can and can't</i>	<i>Changing fashions</i>	Making money from hobbies	An email
p50 <i>Pronunciation: Can and can't</i>	<i>Jobs</i>	Changing high streets	Arranging to meet
p52		Talking about your home town	Using pronouns
p54			
p56		Hidden talents	
<i>Past Simple of be</i>			
<i>Could</i>			
<i>Pronunciation: was, were and could</i>			

Video: Small places

p58

Grammar	Vocabulary	Reading / Listening	Speaking / Writing
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7 Life stories

7A Sporting superstars
7B My story
7C A chance meeting
7D Places and people

Past Simple: regular verbs	Reflexive pronouns	Maya Gabeira	Talking about holidays
p60 Pronunciation: past simple verb endings	Prepositions and adverbs	Biography of Novak Djokovic	A biography
p62 Past Simple: irregular verbs		Why we talk about ourselves	Connecting ideas
p64		A first date	
p66		The day when everything changed	

8 Right now

8A Are you having fun?
8B Not always the same
8C Festivals
8D Events

Present Continuous	Phrases with <i>go / have / get</i>	What are you doing?	Booking a ticket to an event
Pronunciation: linking consonants and vowels	Seasons; the weather	Valencia	An email
p68		At a festival	Describing and recommending a show
p70 Present Simple and Present Continuous	Entertainment	The Edinburgh Fringe Festival	<i>-ed</i> and <i>-ing</i> adjectives
p72			
p74			

Video: Weekends

p76

9 Differences

9A The same or different?
9B The best place to ...
9C The best job
9D Plane or boat?

Comparatives	Places to visit in a city	We're not the same!	Flying
<i>Have got</i>	Phrasal verbs and verb collocations	A conversation at work	An email
p78 Pronunciation: weak form of <i>than</i>		Dubai	Emailing to complain
p80		Three cities	
p82		The best job in the world?	
p84 Superlatives			

10 Plans

10A I'm going to...
10B Just my luck!
10C You're going to fail
10D My plans

<i>Be going to</i> and Present Continuous	Activities	Life plans	Making suggestions
p86 Pronunciation: stressed words in verb forms	Resolutions	Good and bad luck	Holidays and plans
p88		Make your own luck	
p90 <i>Be going to</i> for predictions		New Year Resolutions	
p92			
Verb + <i>to</i> + infinitive			
Pronunciation: <i>to</i>			

Video: Cities

p94

11 Experiences

11A Living your best life
11B Been there, done that
11C Success
11D When things go wrong

Present Perfect + ever / never	Past participles	Doing a quiz	Making phone calls
p96 Present Perfect and Past Simple	Collocations with <i>take up / change / go</i>	Messages	A feedback form
p98	Verbs	Before I'm 30	Giving feedback
p100 yet and <i>already</i>		Reaching the top	
p102			

12 Travel

12A Getting around
12B Events
12C Ecotravel
12D Getting around

Modals: <i>have to, don't have to, can, can't</i>	Transport collocations	The new way to get around	Taking the train
p104 Pronunciation: <i>have to</i>	Holidays	Living with Glastonbury	Giving directions in an email
p106		Events	
p108 Tense review		Green travel	
p110			

Video: Extreme sports

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Communication Bank **p126**

Irregular Verbs **p132**

Audio Scripts **p133**