

Grammar	Vocabulary	Reading / Listening	Speaking / Writing
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## 1 The mind

- 1A Memory
- 1B Future memories
- 1C Never forget
- 1D Experiences

p6  
p9  
p12  
p14

Tense review  
(active and passive)  
Future forms

Memories  
Trends  
Memory

Our amazing brain  
Memories  
Future trends  
Memories predict the future  
Remembering everything

Talking about success and challenges  
A reference

## 2 Work

- 2A Working conditions
- 2B Motivation
- 2C Rule breakers
- 2D Job satisfaction

p16  
p19  
p22  
p24

Modal verbs and expressions  
Past modals  
Concession clauses

Adjectives for jobs  
Expressions for motivating  
Phrasal verbs with *off* and *up*

Working in a lab  
The life of a servant  
Factors affecting productivity  
How to motivate a team  
Does it pay to break the rules?

A debate  
Idioms for debating  
A for and against essay  
Presenting arguments

**Video:** Memorization

p26

## 3 History

- 3A Lifesavers
- 3B Make that change
- 3C Give credit
- 3D The lives of others

p28  
p31  
p34  
p36

Linking devices  
Past and present habits

Word families; health  
Lifestyle idioms  
Business and money

Life saving inventions  
Two women whose inventions saved lives  
How to consign your old self to history  
Habits – old and new  
Credit where credit's due

Comparing and speculating about photos  
A nomination  
Describing achievements, influence and reputation

## 4 People

- 4A Gossip
- 4B Influence
- 4C Personality
- 4D Opinions

p38  
p41  
p44  
p46

Adverbs and adverbials  
Structures with *get*

Similes and metaphors  
Phrases with *get*  
Personality

Why we gossip  
Gossiping  
Could you just ...?  
How to make people like you  
Personality – what's your type?

Expressing strong feelings  
An essay  
Expressing your point of view

**Video:** Rise and fall

p48

## 5 Family

- 5A Parents and children
- 5B Life choices
- 5C From child to adult
- 5D Divisions

p50  
p53  
p56  
p58

Verb patterns  
Future in the past

Disagreements  
Decisions  
Behaviour

Boomerang kids  
Family relationships  
Decisions, Decisions!  
Life-changing decisions  
From child to adult

Arguing  
Idioms related to arguments  
A problem and solution article  
Idioms to discuss problems

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## 6 Travel

- 6A** Unique places  
**6B** New places  
**6C** Ancient travel  
**6D** My journeys

**p60**  
**p63**  
**p66**  
**p68**

Particle clauses and  
relative clauses  
Introductory *it*

Describing places (1)  
Describing places (2)  
Travel adjectives

The Galapagos islands  
Interview with a travel  
writer  
Describing a trip  
The rise and fall of the  
guidebook  
The Silk Road

Complaining and  
apologizing  
A travel article  
Colourful language

**Video:** Saving diversity p70

## 7 Transformation

- 7A** Becoming successful  
**7B** Innovation  
**7C** Gentrification  
**7D** What's new?

**p72**  
**p75**  
**p78**  
**p80**

Ellipsis and substitution  
Determiners and  
quantifiers

Descriptive adjectives  
Technology  
Change

Making it  
Inventions that  
changed the world  
Future technologies  
Taking over

Giving a presentation  
Presenting a proposal  
An article  
Describing changes to  
a place

## 8 Celebrity

- 8A** Celebrating ignorance  
**8B** In the public eye  
**8C** Being famous  
**8D** Under the spotlight

**p82**  
**p85**  
**p88**  
**p90**

Cleft sentences  
Inversion

Idioms for expressing  
opinions  
Idioms related to  
secrets  
Fame

The success of stupidity  
A radio debate  
How private are you?  
Stars who hide  
Fame at what cost?

A discussion about  
reality TV shows  
Exaggeration and  
understatement  
A film review  
Evocative language

**Video:** Changes p92

## 9 Decisions

- 9A** Risk and regret  
**9B** Right or wrong?  
**9C** Should you ever ...?  
**9D** Moral dilemmas

**p94**  
**p97**  
**p100**  
**p102**

Third and mixed  
conditionals  
Distancing yourself from  
facts

Risk  
Truth and lies  
Reactions and  
responses

It's risky getting old  
Regrets  
Quiz: What would you  
do?  
Morals in animals  
Moral dilemmas in  
tourism

Discussing moral  
dilemmas  
Idioms for actions and  
behaviour  
A discussion essay  
Expressing other  
people's opinions

## 10 Conflict

- 10A** It's your fault  
**10B** Always right,  
never wrong!  
**10C** Conflict and  
social change  
**10D** Taking action

**p104**  
**p107**  
**p110**  
**p112**

Past tenses for unreal  
situations  
The grammar of phrasal  
verbs

Phrasal verbs  
Idioms for opinions  
Revolution

Reasons to argue  
Arguments  
People who are always  
right  
Cognitive dissonance  
Animal farm

Managing conflict  
A formal letter of  
objection  
Raising concerns  
formally

**Video:** Drama p114

Grammar Reference **p116**

Communication bank **p128**

Audio Scripts **p132**