8 On Happiness by Anna Heringer

EARLY INSPIRATIONS

- 13 Family InfluenceEcology, Caring, and Craft
- 17 Lessons in SufficiencySummer Camp in the Wilderness
- 20 Development and EquityCivil Service Year in Bangladesh
- 25 Encountering Architecture
 The University of Art and Design Linz
- 28 The Missing Link Discovering Mud

BANGLADESH: MY MOST FORMATIVE EXPERIENCE

- 35 Honing my CraftMETI Handmade School
- 45 Intuitive Design
 DESI Center for Electricians
- 52 Land for Agriculture and Biodiversity
 HOMEmade Houses for Farming Families
- 61 Empowering Women Dipdii Textiles
- Future VisionsMud in the Rohingya Refugee Camps
- 70 Breaking the Mold Anandaloy Center for Disabilities
- 76 Claystorming
 Chwitter Sustainability Training Center



- 78 A New Vernacular
 Further Projects in the Global South
- 95 Transitioning to Europe
 Omicron Monolith

FROM BANGLADESH TO EUROPE

- 105 One Planet, One Family
 Searching for a Global Strategy
- 107 Smart RisksThe Courage to Follow Other Paths
- 112 The Beauty of Natural Materials
 RoSana Ayurveda Retreat Center
- 115 The True Cost of Materials Campus St. Michael
- 119 The Power of Participation St. Peter's Cathedral Altar
- 124 True Female Power
 The Birth Space
- 131 Architect and Mother A Daily Balancing Act
- 134 The Power of Frugality

 Don't Waste your Life Earning It!
- 146 All the World's Talents ... by Anna Heringer
- 148 The Making of the Book by Dominique Gauzin-Müller
- 152 Acknowledgments
- 156 Image Credits
- 157 Imprint