

Contents

I.	Introduction	1
A.	An Historical Perspective	2
1.	The Phenomenon of Viral Interference	2
2.	Discovery of Interferon	2
3.	Interference Mediated by Other Mechanisms	3
B.	An Overview of the Interferon System	4
1.	Interferon Inducers	5
2.	Induction Mechanisms	6
3.	Genetic Information for Interferon Production	7
4.	Interferon Messenger RNA	7
5.	Interferon Production	7
6.	Interferons	8
7.	Interferon Binding	9
8.	Genetic Information for Interferon Actions	9
9.	Cellular Alterations Induced by Interferons	9
a)	Antiviral States	9
b)	Priming and Blocking	10
c)	Enhanced Susceptibility to Toxicity of Double-Stranded RNA	10
d)	Effects on Cell Surfaces	10
e)	Effects on Cell Multiplication	11
f)	Immunomodulations	11
C.	The Interferon System <i>in vivo</i>	11
1.	Interferons as Prophylactic and Therapeutic Agents in Animals	11
2.	Interferons in the Clinic	12
II.	Interferon Assays	13
A.	General Considerations	13
B.	Dose-Response Relationships	14
C.	Assay Methods	15
1.	Plaque-Reduction Assays	15
2.	Yield-Reduction Assays	16
a)	Reduction of Infectious Virus Yields	16
b)	Reduction of Haemagglutinin Yields	16
c)	Reduction of Haemadsorption	16
d)	Reduction of Neuraminidase Yields	17
3.	Cytopathic Effect (CPE)-Inhibition Assays	17
a)	CPE-Reading Method	17
b)	Dye-Uptake Method	18
4.	Radiochemical Assays	19
5.	Other Antiviral Assays	19
a)	Reverse Transcriptase Inhibition Assay	19
b)	Immunofluorescence Assay	20
c)	EB Virus-Expression Assay	20
d)	Cytochemical Assays	20

e) Agar Diffusion Assays	20
f) pH Indicator Assay	20
6. Non-Antiviral Assays	21
D. Factors Influencing Interferon Assays	21
1. Non-Interferon Contaminants	21
2. Period of Interferon Exposure	22
3. Challenge Multiplicity	22
4. Assay Duration	22
5. Concentration vs. Volume	23
6. Aging Effect	23
E. Choice of an Assay System	24
1. Assay Method of Choice	24
2. Cells of Choice	25
3. Virus of Choice	25
F. Reference Interferons and Standard Interferons	25
III. Interferon Inducers	27
A. Animal Viral Inducers	34
1. Adenoviruses	35
2. Myxo-Paramyxo Inducers	36
3. Rhabdoviruses	36
4. "Arbovirus" Inducers	37
5. Diplorna Viruses	37
6. Lymphocytic Choriomeningitis Virus	37
B. Non-Viral Inducers of Interferons	38
1. "Foreign" Nucleic Acids	38
2. Fungal Extracts	38
3. Bacteria and Bacterial Products	42
4. Other Microorganisms Inducing Interferons	43
a) Chlamydia	43
b) Rickettsiae	43
c) Mycoplasmas	43
d) Protozoa	43
5. Mitogens and Immune Recognition Induction	44
a) Mitogens	44
b) Immune Recognition Induction	45
c) Induction by Tumor Cells	46
6. Synthetic Inducers	46
a) Anionic Polymers	46
1. Polycarboxylates, Sulfates and Phosphates	46
2. Polynucleotides	49
b) Low Molecular Weight Inducers	53
1. Tilorone	53
2. Cationic Dyes	53
3. Propanediamine	53
4. BL-20803	53
5. MA-56	54
6. AET	54
7. U-25, 166	54
C. Interferon (?) Inducers	54
D. Uninduced (Spontaneous) Interferons	55
IV. Induction Mechanisms	58
A. The Interferon Induction-Production Curve	58
1. The Induction Phase	59
a) True Induction?	60
b) Preformed Interferons?	61

2. The Interaction of Inducer and Cell	62
3. Induction Lag Periods	64
a) The <i>in vitro</i> Lag	65
b) Induction Lag <i>in vivo</i>	67
c) Time of Appearance of Lymphocyte Interferons – Types I and II	68
B. Mechanism of Induction by Viruses	70
1. Search for Double-Stranded RNA	71
2. Viral Events Effecting Induction	72
C. Alternative Induction Mechanism Hypotheses	74
1. The Double-Stranded RNA Hypothesis	74
2. The Repressor-Depletion Hypothesis	75
3. The Basal-Level-Interferon Hypothesis	75
V. The Genetics of Interferon Production	77
A. Hybrid-Cell Analyses of Interferon Production	77
1. Production Regulation in Hybrid-Cells	77
2. Chromosomal Assignments for Interferon Production in Hybrid-Cell Lines	78
B. Chromosomal Assignments for Interferon Production in Aneuploid Cells	79
C. Epigenetic Complications of Assessing Genetic Contributions to Interferon Production	80
1. Age Effects on Interferon Production	80
a) <i>In vivo</i> Age and Interferon Potential	81
b) Interferon Production and <i>in vitro</i> Aging	81
2. Variations in Interferon Production by Human Diploid Cell Cultures	82
D. Genetics of Interferon Production <i>in vivo</i>	83
1. Mendelian Analyses of Interferon Production	83
2. Non-Specific Factors Influencing <i>in vivo</i> Genetic Evaluations of Interferon Production	84
a) Temperature	84
b) Hormones	85
c) Other Factors Modulating Interferon Production	87
VI. Interferon Production	90
A. Interferon Production at the Cellular and Molecular Level	90
1. Interferon Messenger RNA	90
a) Indirect Evidence for Interferon Messenger RNA	90
b) Extraction of Interferon Messenger RNA and Its Translation in Heterologous Cells	90
c) Translation of Interferon Messenger RNA in <i>Xenopus</i> Oocytes	93
d) Translation of Interferon Messenger RNA in Cell-Free Protein-Synthesizing Systems	95
e) Translation of Interferon Messenger RNA in Bacteria?	96
2. Superinduction or Superproductions?	97
a) Interferon Enhancement by Metabolic Inhibitors	97
b) Mechanisms of Superproduction	100
3. Regulatory Mechanisms on Interferon Production: The Refractory State <i>in vitro</i> (Hyporesponsiveness and Blocking)	103
4. Posttranslational Processing of Interferons	106
a) Interferon Precursor?	107
b) Glycosylation of Interferon Proteins	107
c) Secretion of Interferons	108
B. Interferon Production at the Organism Level	109
1. Interferon Production <i>in vivo</i>	109
a) Production of Interferon in Viral Infections	109
b) Non-Viral Interferon Inducers <i>in vivo</i>	111
c) Cell-Sources of Interferon	115

2. Hyporesponsiveness <i>in vivo</i> : Tolerance to Repeated Inductions	124
a) Cross-Tolerance to Different Inducers	124
b) Serum Hyporeactive Factor	128
C. Mass Production of Interferons	129
1. Mouse Interferon	129
2. Human Leukocyte Interferon	130
3. Human Fibroblast Interferon	131
4. Human Lymphoblastoid Cell Interferon	132
5. Alternatives to Large-Scale Production	133
6. Which Human Interferon Should be Produced?	133
VII. Interferons: Their Purification and Characterization	134
A. Defining Interferons	134
1. Induction of Antiviral Activities	135
2. "Species Specificity" of Interferons	135
3. Acid-Stability of Interferons	145
4. Physicochemical Properties Generally Applicable to All Interferons: The Protein Nature of Interferons	149
5. Antigenicities of Interferons	150
6. Induction of Non-Antiviral Activities	156
7. A Summary Definition of Interferons	156
B. Purification of Interferons	156
1. Purification of Mouse Interferons	158
2. Purification of Human Leukocyte (and Lymphoblastoid) Interferons	164
3. Purification of Human Fibroblast Interferon	168
C. Characterization of Interferons	171
1. Heterogeneities of Interferons	171
a) Molecular Weights of Interferons	172
b) Stabilities of Interferons	174
c) Ligand Affinities of Interferons	176
d) Biological Heterogeneities of Interferons	176
e) Origins of Heterogeneities of Interferons	178
f) Significance of Interferon Heterogeneities	182
2. Non-Antiviral Activities of Interferons	183
VIII. The Genetics of Interferon Action	184
A. Hybrid-Cell Analyses of Interferon Action	184
B. Chromosomal Assignments for Interferon Actions in Aneuploid Cells	185
1. Antiviral Action of Human Interferon in Aneuploid Cells: Chromosome 21 Dosage Effect	185
2. Relationship of Non-Antiviral Actions of Human Interferons to Chromosome 21	186
3. Regulatory Chromosomes for Interferon Actions	186
C. Role of Chromosome 21 in Interferon Actions: Interferon Binding	187
1. Interactions of Interferons With Cells: Initiation of Interferon Actions	187
a) Indirect Studies on Interferon Binding	187
b) Direct Studies on Interferon Binding	188
2. Chromosome 21 and Interferon Binding	189
D. Epigenetic Complications to Assessing Genetic Contributions to Interferon Actions	190
1. Age Effects on Interferon Action	190
2. Cell Density Effect	191
3. Variations in Interferon Sensitivities of Diploid Cells	192
4. Other Factors Modulating Interferon Actions	192
a) Antagonists	193
b) Factors Influencing Early Interferon-Cell Interactions	193
c) Miscellaneous Factors	193

IX. Mechanisms of Antiviral Actions of Interferons	196
A. General Considerations of Antiviral Actions of Interferons	196
1. Conversion to the Antiviral State	196
a) Kinetics of Development of Antiviral Activity	196
b) Metabolic Requirements for Development of Virus Resistance	198
c) Duration of the Antiviral State	199
2. Character of Interferon-Induced Virus Resistance	200
B. Antiviral Mechanisms: Sites of Interferon Actions Against Viruses	207
1. Inhibition of Virus Attachment, Penetration and Uncoating	208
2. Inhibition of Virus Transcription	208
3. Inhibition of Virus Translation	210
a) Inhibition of Virus Translation in Cells	210
b) Inhibition of Virus Translation in Cell-Free Systems	212
4. Inhibition of Maturation and Release	217
C. An Oversimplified Summation of Interferon-Induced Antiviral Actions	220
X. Non-Antiviral Actions of Interferons	223
A. The Breadth of Interferon Action: The Expanding Realm of Interferonology	224
B. Inhibition of Non-Viral Agents	232
C. Priming	233
D. Blocking	236
E. Cell-Multiplication-Inhibition	238
1. Evidence That Interferon Is the Active Component Inhibiting Cell-Multiplication	238
2. Cellular Systems Inhibited by Interferon	241
3. Metabolic Alterations in Interferon-Treated Cells	242
4. Restraints Imposed by Interferon	243
F. Toxicity Enhancement	244
G. Enhanced Synthetic Activities	248
H. Surface Alterations Induced by Interferons	249
I. Enhanced Immunolysis	250
J. Enhancement of Phagocytosis	251
K. Macrophage "Activation"	252
L. Delayed-Type Hypersensitivity-Inhibition	252
M. Graft-vs-Host Reactions: Effects of Interferon on Transplantation	253
N. Effects of Interferon on Antibody Production	254
1. <i>In vivo</i> Antibody Production	254
2. <i>In vitro</i> Antibody Production	255
XI. Pharmacokinetics of Interferons	257
A. Distribution of Interferon	257
1. Circulating Interferon Levels	257
2. Clearance From the Cerebrospinal Fluid: The Blood-Brain Barrier for Interferon	260
3. Transplacental Passage and Other Barriers to Distribution of Interferon	262
B. Metabolism of Interferons	263
1. Renal Clearance	263
2. Catabolism of Interferon: Role of Carbohydrates	264
C. Effective Interferon Levels	265
XII. Antiviral Actions of Interferons in Animals	266
A. Natural Recovery Processes From Viral Infections	266
1. Progression of Virus Infections	267
a) Localized Infections	267
b) Generalized Infections	269

2. Factors Modifying Pathogenesis: Interactions With Interferon Mechanism	275
a) Restriction of Establishment of Infections	275
b) Elimination of Established Infections	279
B. Antiviral Studies With Interferons and Interferon Inducers in Animals	282
1. Localized Infections	284
a) Effect of Exogenous Interferons	284
b) Effects of Inducers of Endogenous Interferons	285
2. Generalized Infections	286
a) Effects of Exogenous Interferons	286
b) Combined Effects of Interferons and Other Agents	287
c) Effects of Inducers of Endogenous Interferons	287
3. Unifying Speculation on Inducer Toxicities	290
XIII. Antitumor Activities of Interferons in Animals	292
A. Activities Against Virally-Induced Tumors	292
1. Antitumor Effects of Exogenous Interferons	292
2. Antitumor Effects of Inducers of Endogenous Interferons Against Virally-Induced Tumors	296
3. Combined Antitumor Efficacies of Interferon and Other Antitumor Agents	297
B. Activities Against Transplantable Tumors	298
1. Antitumor Effects of Exogenous Interferons	298
2. Antitumor Effects of Inducers of Endogenous Interferons Against Transplantable Tumors	300
C. Activities Against Chemically- and Radiation-Induced Tumors	301
1. Antitumor Effects of Exogenous Interferons	301
2. Antitumor Effect of Inducers of Endogenous Interferons Against Chemically- and Radiation-Induced Tumors	301
D. Mechanisms of Antitumor Activities of Interferons	302
1. Virus-Induced Tumors	302
2. Transplantable Tumors	303
XIV. Interferon in the Clinic	305
A. Preliminary Testing of Interferons: Therapeutic-Index of Interferon?	305
B. Antiviral Activities of Interferons in Man	307
1. Localized Infections	307
a) Prophylaxis With Interferon	307
b) Therapy of Localized Infections	311
2. Systemic Viral Infections	312
a) Disseminated Herpesvirus: Varicella-Zoster	313
b) Cytomegalovirus Infections	313
c) Hepatitis B Virus Infections	315
d) Interferon Therapy in Other Viral Diseases	316
3. Antiviral Effects of Interferon Inducers in Man	316
a) Virus Interference in Man	316
b) Poly rI-Poly rC in the Clinic	317
c) Propanediamine and Its Vehicle	318
C. Cancer Therapy With Interferon	319
1. Antitumor Activity of Interferon Inducers in Man	319
2. Effects of Interferon	320
XV. Prelude to the Interferon System	322
Acknowledgements	323
References	324
Appendix to the References	414
Subject Index	486