

<b>ESSENTIAL TEXTBOOKS AND LITERATURE:</b> .....	1
<b>SOME PRACTICAL HINTS ON HOW TO IMPROVE LEARNING</b> .....	3
<b>CONTACT DATA</b> .....	4
<b>OBJECTIVES</b> .....	5
BASIC CLINICAL SCIENCES I+II .....	5
<i>Basics of diagnosis and therapeutic acupuncture strategies</i> .....	5
ADVANCED CLINICAL SCIENCES I+II: .....	6
<i>Differential diagnosis, differentiated strategies of acupuncture therapy</i> .....	6
<b>INTRODUCTION</b> .....	7
TCM – A NOVEL VEGETATIVE MEDICINE? .....	7
<i>Status quo: TCM in Western Health Care Systems</i> .....	7
<b>ORDER OF POSTULATES OF TCM</b> .....	19
AMENDMENT TO POSTULATE 4 – THE MOVEMENT OF ENERGIES .....	27
THE SYSTEM OF THE 12 ORBS .....	28
<b>CYCLES IN CHINESE MEDICINE</b> .....	31
TRANSFORMATION I: COMPASS ROSE .....	32
TRANSFORMATION II: SHENG CYCLE .....	33
TRANSFORMATION III: Co-CYCLE .....	34
THE POSITION OF THE EARTH .....	36
TUNING OF THE SHENG AND Co-CYCLE .....	38
LIMITATIONS OF THE SHENG CYCLE AND THE Co-CYCLE: .....	39
CYCLES OF SIX PARTS .....	40
HOW ACTIVE IS ORTHOPATHY DURING THE PHASES? .....	40
WHY ARE CIRCULAR FUNCTIONS SO IMPORTANT FOR MEDICINE? .....	40
<i>Why is this good for medicine?</i> .....	43
THE SYSTEM OF THE ORBS .....	49
<i>The names of the orbs</i> .....	51
<b>CLINICAL MANIFESTATIONS OF THE PHASES</b> .....	55
Wood: Potential means the power to act .....	61
Fire: How potential is acted out .....	63
Metal: Uptake and rhythmic distribution of energy .....	69
Water: Regeneration of energy and structure – From the water basin to humans .....	73
MORE ON PHASES .....	75
<i>Wood and its metaphorical meaning</i> .....	76
<i>Fire and its metaphorical meaning</i> .....	76
<i>Metal and its metaphorical meaning</i> .....	77
<i>Water and its metaphorical meaning</i> .....	77
<b>THE THREE TREASURES OF CHINESE MEDICINE</b> .....	79
THE FOUR PARTITIONS OF YIN: .....	81
<b>HOW TO BECOME SICK?</b> .....	83
FOUR PRINCIPAL MECHANISMS OF PATHOGENESIS .....	83
THE SYSTEM OF PHASES .....	87
<b>THE PATHOPHYSIOLOGY OF CALOR</b> .....	89
<i>The Five Forms of Calor</i> .....	91
1. Wood calor .....	91
2. Depletive calor: .....	91
3. Reactive calor .....	92
4. Toxic calor .....	92
5. Inflammatory calor .....	92

INTRODUCTION INTO THE PHYSIOLOGY OF EXTERNAL AGENTS.....	95
ALGOR.....	95
<i>The Five Forms of Algor</i> .....	95
1. Reflectory algor (algor algor) .....	95
2. Posttraumatic algor.....	95
3. Immunological algor.....	96
4. Depletive algor .....	96
5. Toxic algor .....	96
VENTUS .....	99
HUMOR.....	100
ARIDITAS.....	101
ARDOR .....	101
POSTULATED MECHANISMS BEHIND EXTERNAL AGENTS .....	103
HOW TO ESTABLISH A DIAGNOSIS.....	105
THE CONSTITUENTS OF DIAGNOSIS: .....	105
HOW TO ESTABLISH THE DIAGNOSIS PRACTICALLY .....	107
<i>I) The constitution</i> .....	107
Short characteristics of the 6 types .....	107
<i>II) How to determine the agent</i> .....	111
PRACTICAL DIAGNOSIS TAKING.....	111
<i>Proven symptomatic treatments</i> .....	112
THEORIES OF ACUPOINTS.....	113
THEORY 1 – POINTS WITH SIMILAR EFFECTS .....	113
THEORY 2 - THE THEORY OF THE FIVE INDUCTORIES .....	113
<i>The allocation of phases to the five inductories in the intimal conduits</i> .....	113
<i>The origin of qi in the conduits</i> .....	117
Qi comes from three sources:.....	117
First aspect of qi flow.....	117
Second aspect of qi flow .....	118
Qi merum .....	118
THEORY 3 - THE THEORY OF COUPLED CONDUITS AND COUPLED EFFECTS .....	119
<i>Examples for the use of coupled conduits</i> : .....	121
THEORY 4 – THE ALGOR LAEDENS THEORY (ALT) .....	123
<i>The Meaning of the Six Stages</i> .....	123
<i>Layers of energy</i> .....	127
<i>The course of the second Guiding Criterion</i> .....	129
<i>Six levels of energy lead to six stages</i> .....	129
<i>Algor-induced signs and orb-signs evoked</i> .....	130
Stage I: <i>yang major</i> (the greater yang) .....	131
Stage II: <i>splendor yang</i> (the overshadowing yang) .....	133
Stage III: <i>yang minor</i> (the smaller yang) .....	135
Stage IV: <i>yin major</i> (the bigger yin).....	137
Stage V: <i>yin flectens</i> (the vanishing yin).....	139
Stage VI: <i>yin minor</i> (the smaller yin).....	141
<i>Course variations</i> .....	143
Variation I: Stage-hopping .....	143
Variation II: Outside – inside hopping.....	147
Variation III: The Model of Four Stages .....	149
PRACTICAL ASPECTS OF THE MODEL OF SIX STAGES.....	151
<i>Some consequences for pain therapy</i> :.....	151
<i>Practical hints for treatment</i> .....	152
GENERAL RULES FOR THE APPLICATION OF ACUPOINTS .....	155
COMPLAINTS AND CONDUITS .....	155
THE TEACHING OF THE YIN .....	159
YIN AND YIN DEFICIENCY.....	159

I. SUBDIVIDING THE YIN ACCORDING TO THE ENERGIES .....	160
<i>Treatment of yin deficiency</i> .....	163
<i>The four types of yin and yin deficiency</i> .....	165
II. SUBDIVIDING THE YIN ACCORDING TO THE PHASES .....	166
III. LABILE (UNSTABLE) QI .....	171
<i>An example of unstable pulmonary qi</i> .....	171
<i>Labile (unstable) qi</i> .....	173
<i>The pathway of qi</i> .....	176
<b>THE 40 VIPS WITH EXPLANATION OF THEIR NAMES AND EFFECTS .....</b>	<b>177</b>
THE PULMONAL CONDUIT.....	177
THE CRASSINTESTINAL CONDUIT.....	183
THE STOMACHAL CONDUIT .....	187
THE LIENAL CONDUIT .....	191
THE CARDIAC CONDUIT .....	197
THE TENUINTESTINAL CONDUIT.....	201
THE VESICAL CONDUIT .....	205
THE RENAL CONDUIT .....	211
THE PERICARDIAC CONDUIT.....	217
THE TRICALORIC CONDUIT.....	221
THE FELLEAL CONDUIT.....	225
THE HEPATIC CONDUIT.....	229
<b>GLOSSARY .....</b>	<b>231</b>
DEFINITIONS OF TECHNICAL TERMS OF CHINESE MEDICINE .....	231
<b>THE THREE MOST IMPORTANT EXTERIOR AGENTS.....</b>	<b>237</b>
<b>FORTY VIPS I.....</b>	<b>239</b>
<b>TABLE OF THE DORSAL SYSTEMS ACCORDING TO NEUROANATOMICAL ASPECTS .....</b>	<b>243</b>
<b>THE FUNCTIONAL CATEGORIES OF CARDINAL FORAMINA.....</b>	<b>245</b>
<b>QUINQUE INDUCTORIA .....</b>	<b>247</b>
<b>HOW TO USE THE DOCUMENTATION SHEET .....</b>	<b>249</b>
<b>HOW TO ESTABLISH A CHINESE DIAGNOSIS – PRACTICAL HINTS FOR THE DOCUMENTATION SHEET .....</b>	<b>257</b>
<i>Part I: Constitution</i> .....	258
1. The yin/yang method .....	258
2. Differentiation by the axis and the hidden motives and themes of life.....	260
<i>Part II: Agent</i> .....	261
<i>Part III: Orb</i> .....	262
1. Defining the orb by the location of complaints .....	262
<i>Part IV: Guiding Criterion</i> .....	266
<b>HOW TO CHOOSE THE TARGET SYMPTOM .....</b>	<b>267</b>
<b>QUESTIONS FOR SELF STUDY (BASIC LEVEL): .....</b>	<b>271</b>
<b>ANSWERS (BASIC LEVEL): .....</b>	<b>273</b>
<b>ANSWERS (ADVANCED LEVEL):.....</b>	<b>279</b>