

Contents

x	Introduction	5	LSD Finds Its Discoverer	8	The Search for a Truth Serum
		36	In the Beginning was the Ergot	73	Dividing the World
		39	The Synthesis	74	Experiments without Limits
xii	Foreword by Stanislav Grof	41	Potency	80	Understatement
		42	The First Trip	80	Iron Silence
		46	The Assistant	81	Serious Sweden
1	Industry and Idyll in the Provinces	6	The Dose Makes the Poison	82	In the Name of the Fatherland
1	The Beginnings of the Modern Era	48	Successful Drugs	84	The Mystery of the Cursed Bread
3	From Health Resort to Industrial Town	48	From Phantasticum to Entheogen		
4	Founding a Family	52	The Effect of LSD	9	Flesh of the Gods
6	The Mystical Wonders of Nature	56	Classification of Psychoactive Substances According to Their Effect	88	The Mushrooms Reach Basel
		57	Drugs	88	The Kingdom of Sacred Plants and Mushrooms
2	With a Clear Goal			90	Teonanácatl
8	Illness and Social Poverty	7	Researchers Discover LSD	91	Exploration
11	A Model Student	58	Mescaline	92	Banker and Mycologist
12	Brighter Horizons	61	Experiments on Animals	94	The Active Substance
13	From Clerk to Chemist	64	The First Experiment on Humans	94	Psilocybin and Psilocin
		64	The Psychotomimetic Paradigm	99	The Magic Vine
3	Call of the Plants	66	A Helpful Tool for Psychotherapy	101	Distrust
19	The Chemistry is Right in Basel	67	Realms of Consciousness	103	The Magic Circle
20	In the Footsteps of Paracelsus	68	Trauma Therapy		
23	Squill and Foxglove	69	LSD Comes to England	10	The Mexico Expedition
		69	Studies in Saskatchewan	105	In the Land of the Mazatecs
4	Marriage and Family Bliss	70	Behind the Iron Curtain	108	Ceremony with a Magical Plant
27	Turning Point	70	LSD Conquers America	109	The Spirit in the Pill
28	Beginning of an Eternal Love			112	The Consequences
30	War and Peace				

11	Friendships and Encounters	13	Fuel of the Sixties	15	Humane Therapies, Transpersonal Visions
114	Family Life	158	A Molecule Changed the World	197	Divine Lightning
117	Circles	160	The Bohemians of Manhattan	198	Thirty Years of Research
118	Interweavings	160	From the Laboratory into the Cuckoo's Nest	200	Encounter With Death
119	Hermit in the Crystalline World	161	Can You Pass the Acid Test?	202	The Cartographer
124	Radiance and Convergence	163	The Hog Farm	203	Expanding of the Image of Humanity
126	Almost a Friendship	163	Chemistry in the Underground	204	The Spectrum of Consciousness
129	The Networker	164	The Trips Festival	206	Human Potential
132	The Coronation	165	Dionysian Festivals	207	An Alternative
		166	Hippies? Hippies!	209	Interaction at Esalen
12	Metamorphoses at Harvard	167	A Peaceful Cultural Revolution		
135	Vision of a New Psychology	168	Chemists for a Better World	16	Spiritual Dimensions
137	Psychedelic Revelation	169	Flowers in Their Hair, Love in Their Hearts, LSD in Their Heads	211	Mushrooms Instead of Fish
138	Academic Mushroom Circles	170	The Diggers	214	The Missing Taboo
140	Liberation Behind Bars	171	Sex and Drugs and Rock and Roll	215	Vast Emptiness, Nothing Holy
141	The Man with the Mayonnaise Jar	172	Sounds of the Sixties	216	Journeys to the East
144	The End of Peace, Joy and Magic Mushrooms	175	Acid House, Psytrance, Goa Trance	217	In the Here and Now
146	Millbrook	175	The Desert Lives	220	Buddhists and Psychedelics
147	Bureaucratic Hurdles	178	Lucy in the Sky with Diamonds	220	Ecologist and Buddhist
151	The Woman from Washington	179	Woodstock	221	Zen Priest and Animal Welfare Advocate
152	Founding Years	181	Hair	221	Instant Nirvana
153	Multimedia Spectacle	181	Swinging London	223	Cosmologist of Joy
154	Changes of All Kinds	182	Trips Around the World	224	Psychosis and Enlightenment
155	Turn on, Tune in, Drop out			225	Tool of the Mind
		14	The Great Repression	17	Creativity and Art
		185	Brotherhood of Eternal Love	226	Intoxicated Literati
		187	Demonization	228	Bee God and Sacred Mirrors
		188	Verdict and Prohibition	232	A New Dimension of Art
		190	Underground Therapy	233	The Creativity Pill
		191	The Empire Strikes Back	235	Psychedelia
		192	Crime Scene Missile Silo	238	A New Perspective
		193	Dedication to Freedom	239	Encounters with Artists
		194	Outrage	242	Comic Strips
				243	Art Instead of LSD
				244	High in Hollywood

18 Source of Inspiration	22 Stimulus and Impetus	Appendix
248 From Uranium to LSD	306 A Belgian in Burg	356 Retrospective on a Researcher's Life
251 Open Minds, Open Systems	309 Visitors From Around the World	357 Acknowledgements
254 All is One	312 Border Crosser	358 Notes
255 Legal, Illegal, Digital	313 The Tank and the Deep Self	363 Bibliography
257 Gaia	316 The Indian from Hamburg	372 Publications by Albert Hofmann
259 Symbiosis	318 The Trip Advisor	377 Photo Credits
261 Nobel Prizes	322 The Third Member	379 Index of Names
262 Peak Experiences		383 About the Authors
19 Ways of Life	23 Wisdom of Years	
264 Another Discovery	324 Reflections on Nature	
267 Paradise Found Again	327 Secrets of a Long Life	
269 The Company	329 Frontier Areas	
273 Farewell to Sandoz	330 Art and Ability	
274 Father and Apostle	332 A Grandson Remembers	
	334 Albert Hofmann Turns One Hundred	
	339 The Old Man and His Child	
	343 Yet Another Tribute	
20 Legacies	24 Between Earth and Heaven	
280 The Problem Child	344 Connections with the Whole World	
284 The Translator	344 The Albert Hofmann Medal	
285 The Media	346 From Problem Child to Wonder Drug	
287 Plants of the Gods	347 Back to the Future	
289 Wisdom of the Greeks	348 Behind Every Strong Man	
292 Scholarly Dialogue	349 Farewell and Mourning	
295 At Eleusis	350 Echo of a Life's Work	
	353 The Ultimate Journey	
21 Insights and Outlooks		
296 A Good Question		
298 A Model of Reality		
301 Philosophy and Ecology		
304 Honors and Awards		