

CONTENTS

“To Bow and to Bend”: The Musical Life of the American Shakers	7
The United Society of Believers in Christ’s Second Appearing	8
Shaker History, Mother Ann (1736-1784), and the Shaker Movement	10
Shaker Belief	12
Music as Communication to God	17
Gift Songs and Spirituals	20
Folk Songs, Text Metaphors, and the “Shaking Quakers”	26
The Last Shakers at Sabbathday Lake Village, Maine	29
Song Practice and Repertoire	32
Song Texts: Religious Imagery and Utopian Ideals	45
Shaker Song as Tradition Bearer	51
Shaker Heritage and the Outside World	53
Fifty-one Shaker Spirituals: Words and Commentary to the Recordings	55
The American Shakers: A Celibate, Religious Community	105
A Chronology of Shaker Music in the Context of its History	109
Shaker Bibliography	129
Shaker Spirituals (List of CD Tracks)	157
Index of the Fifty-one Songs (First Lines and <i>Titles</i>)	161
Acknowledgement	165