

Contents

1 Problems Caused by Contact Lenses	1
Overview	2
Materials and Manufacture	3
Fitting Technique	3
Contraindications	4
Hygiene	4
Loss of Contact Lenses	4
Ocular Trauma	5
Maximum Wearing Time	5
Patients with Systemic Diseases	5
Patients at High Risk of Complications	6
Psychological Factors	6
Summary: The Risk of Injury	6
2 Patient Counseling and Examination	7
Patient Counseling	8
History Taking	9
Examination	10
General	10
Lid	10
Conjunctiva	11
Cornea	14
Inner Eye	21
Intraocular Pressure	21
Refractive Error and Visual Acuity	21
Binocular Vision	21
Inspection of Contact Lenses	21
Inspection of Contact Lens Cases	22
Documentation of Findings	23
Follow-up	24
3 Pathologic Findings	25
Lid	26
Anatomy and Physiology	26
Increased Lid Tension and Blepharospasm	26
Ptosis	27
Lid Swelling and Edema	27
Infectious Blepharitis, Squamous Blepharitis,	
Ulceration	29
Lid Injury	34
Conjunctiva	35
Anatomy and Physiology	35
Tarsal Conjunctiva	35
Follicular Swelling, Papillary Hypertrophy,	
Giant Papillary Conjunctivitis	35
Bulbar Conjunctiva	40
Conjunctival Edema and Acute Chemosis	40
Subconjunctival Hemorrhage	42
Focal Conjunctival Hyperemia	52
Sclera	58
Anatomy and Physiology	58
Pathology	58
Vasodilatation and Inflammation	58
Injury and Hemorrhage	58
Cornea	59
Anatomy and Physiology	59
Epithelial Changes	59
Edema and Staining	60
Stippling	60
Streaks and Spiral Traces	62
Indentations	62
Cracks	62
Spiders	62
Mosaics	62
Nummules and Pseudoinfiltrates	64
Corneal Erosions	66
Bizarre Epithelial Defects, Branched	
Defects, Pseudoherpetic Defects	71
Bubble Formation and Pseudokeratitis	
Bullosa	75
Stromal Changes	75
Edema	75
Tight Lens Syndrome	78
Toxic Keratopathy	80
Mixed Solution Syndrome	88
Corneal Deprivation Syndrome	90
Post-Heat Syndrome	92
Vascularization	92
Infection	99
Clouding and Scars	105
Changes of Descemet's Membrane and the	
Endothelium	109
Changes of Descemet's Membrane	109
Endothelial Changes	109
Topographic Changes	109
Contour Changes	110
Pachymetric Changes	114
Inner Eye	116
Iritis, Uveitis, Panophthalmitis	116
Cataract	117
Intraocular Hypertension, Glaucoma	117
Retinal Diseases and Detachment	117

4 Visual Impairment	119
Visual Impairment	120
Causes of Visual Impairment	121
Changes in Refraction	121
Faulty Lens Handling and Insertion, Lens Loss	121
Permanent Visual Impairment	121
Primary Ocular Diseases Masked by Contact Lenses	121
Material Defects and Defective Lenses	123
Intermittent Visual Impairment	123
Fitting Errors	123
Orthokeratological Side Effects	125
Spectacle-Blur Phenomenon and Corneal Distortion Syndrome	125
Wetting Problems	125
Glare	127
Causes of Glare	127
Diagnostic Evaluation of Visual Impairment and Glare	128
5 Causes of Contact Lens Damage	129
Handling, Hygiene, Wearing Times	130
The Patient's Hands	130
The Lens Case	130
Wearing Times	132
Fitting Errors	132
6 Alterations of Contact Lenses	137
Wetting Problems	138
Material Defects	139
Discoloration and Fading	145
Deposits	147
Components of Tear Fluid	151
Jelly Bumps	151
7 Primary Fitting and Wearing Problems	159
Systemic Disease	160
Febrile Illnesses, Immune Compromise, Medication Use	160
Allergy	160
Primary Ocular Disease	161
Lid Diseases	161
Conjunctival Diseases	165
Corneal Diseases	171
Tear Deficiency, Disorders of Lacrimation, Dry Eye	171
Pathophysiology	171
Clinical Course	173
Clinical Testing	183
Other Eye Diseases	184
8 Eye Injuries in Contact Lens Wearers	185
Types of Ocular Trauma	186
Trauma Involving Foreign Bodies	186
Perforated Globe	186
Ocular Contusion	186
Chemical Injury	187
Consequences for Contact Lens Wearers	188
9 Frequency of Contact Lens Complications	189
Analysis of Contact Lens Complications	190
10 Treatment of Contact Lens Complications	193
General Aspects	194
General Treatment Procedures	195
Special Treatment Procedures	196
Lid Diseases	196
Blepharospasm	196
Ptosis	196
Lid Edema	196
Squamous Blepharitis	196
Lid Trauma	196
Conjunctival Diseases	197
Giant Papillary Conjunctivitis	197
Conjunctival Chemosis	197

Conjunctival Hemorrhage	197	Post-Heat Syndrome	199
Conjunctival Trauma	197	Keratitis, Corneal Infiltrates, Corneal	
Nonspecific Conjunctival Hyperemia	198	Ulcers	199
Bacterial Conjunctivitis	198	Corneal Vascularization	200
Viral Conjunctivitis	198	Corneal Scars	200
Fungal Conjunctivitis	198	Corneal Deformation	200
Scleral Diseases	198	Folds in Descemet's Membrane,	
Corneal Diseases	198	Endothelial Changes	200
Corneal Edema	198	Intraocular Findings	200
Corneal Erosion	198	Glaucoma	200
Bullous Keratopathy	199	Dry Eye, Tear Deficiency Syndrome	201
Tight Lens Syndrome	199	Accidents, Mechanical Trauma, Chemical	
Toxic Keratopathy	199	Trauma	202
Corneal Deprivation Syndrome	199		
References	203		
Index to Text	209		
Index to Illustrations	212		