

THE INTERNATIONAL
BESTSELLING SERIES

THE
RULES
OF
EVERYTHING

RICHARD TEMPLAR

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OF
EVERYTHING

Rules of Everything

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 - 1 Get your work noticed
 - 2 Never let anyone know how hard you work
 - 3 Set personal standards
 - 4 Carve out a niche for yourself
 - 5 Under promise and over deliver
 - 6 Know what you want long term
 - 7 Don't gossip
 - 8 Put things in perspective
 - 9 Never disapprove of others
 - 10 Get people to assume you have already made

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the step

The Rules of Management

- 1 Get them emotionally involved
- 2 Accept their limitations
- 3 Encourage people
- 4 Be very, very good at finding the right people
- 5 Respect individual differences
- 6 Train them to bring you solutions, not problems
- 7 Work hard
- 8 Be proactive, not reactive
- 9 Have principles and stick to them
- 10 Go home

The Rules of Life

- 1 Keep it under your hat
- 2 You'll get older but not necessarily wiser
- 3 Accept yourself
- 4 Dedicate your life to something
- 5 No fear, no surprise, no hesitation, no doubt
- 6 It's OK to give up
- 7 Don't dwell on the past
- 8 You'll never understand everything
- 9 Know when to let go when to walk away
- 10 Find a new rule every day or occasionally at least

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The Rules of Wealth

- 1 Anybody can be wealthy you just need to apply yourself
- 2 Decide on your definition of wealth
- 3 Most people are too lazy to be wealthy
- 4 Decide what you want money for
- 5 Understand that money begets money
- 6 It's harder to manage yourself than it is to manage your money
- 7 Only by looking wealthy can you become wealthy
- 8 Know yourself solo, duo or team player
- 9 Don't try to get rich too quickly
- 10 Know when to stop

The Rules of Parenting

- 1 Relax
- 2 Look pleased to see them
- 3 Treat your child with respect
- 4 Use praise wisely
- 5 Make sure they know what's important
- 6 Schooling isn't the same as education
- 7 Remember Newton's Third Law
- 8 Don't look under the mattress
- 9 You can't fix everything
- 10 Don't guilt-trip them

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The Rules of Love

- 1 Choose someone who makes you laugh
- 2 You can't change people
- 3 You can't make someone love you
- 4 Be nice
- 5 Allow your partner the space to be themselves
- 6 Be the first to say sorry
- 7 Your partner is more important than your kids
- 8 Contentment is a high aim
- 9 Never be too busy for loved ones
- 10 The more you put out, the more you get back

The Rules to Break

'Success is a good job earning lots of money'

- 1 Success is what you say it is

'The world is against you'

- 2 You're responsible for your own life

'We all have an absolute right to be respected'

- 3 There's a balance between the right to respect, and tolerance

'A place for everything, and everything in its place'

- 4 It's not morally superior to be tidy

'The best people will be there for you for life'

- 5 People come and go, and it's OK

'You can't help how you feel'

- 6 You feel what you think

'Some people are just asking for it'

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- 7 Keep the moral high ground
- 'No one is perfect'
- 8 Be on the side of the angels, not the beasts
- 'Let people know when you're right'
- 9 Never say 'I told you so'
- 'Guilt tells you where you're going wrong'
- 10 Don't do guilt

The Rules of People

- 1 People believe what they want to believe
- 2 Banter isn't teasing
- 3 If they feel small, they'll big themselves up
- 4 Everyone else is insecure too
- 5 Teenagers hate you because they love you
- 6 Some weirdos are great people
- 7 Listen to what they don't say
- 8 Loneliness is a state of mind
- 9 Credit people with your own ideas
- 10 Say thank you properly

The Rules of Thinking

- 1 Take control
- 2 Focus on other people
- 3 Be in the present
- 4 Think outside your head
- 5 Loosen up



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- 6 Don't settle for your first answer
- 7 Facts are neutral
- 8 Spot the box
- 9 Feed your mind
- 10 Untangle the knots first

The Rules of Living Well

- 1 It's not all about you
- 2 Your feelings are your own
- 3 Train your mind to relax
- 4 Zen it
- 5 Beware food rules
- 6 Enjoy your mistakes
- 7 Create boundaries
- 8 Stay in synch
- 9 Redraw your relationship
- 10 Forgive and don't forget

Know When to Break the Rules

- Create your own Rules

Back Cover

