

Table of Contents

Fundamentals

- 1 Introduction**
 - 1 Periodontal Diseases
 - 4 The Clinical Course of Untreated Periodontitis
 - 4 Periodontitis—Concepts of Therapy
 - 7 Structural Biology**
 - 8 Gingiva
 - 10 Epithelial Attachment
 - 12 Connective Tissue Attachment
 - 14 Root Cementum
 - 16 Osseous Support Apparatus
 - 18 Blood Supply of the Periodontium
 - 19 Innervation of the Periodontium
 - 20 *The Coordinated Functions of the Periodontal Structures*
 - 21 Etiology and Pathogenesis**
 - 22 Periodontitis—A Multifactorial Disease
 - 23 Microbiology**
 - 24 Biofilm—Plaque Formation on Tooth and Root Surfaces
 - 25 Supragingival Plaque
 - 26 Natural Factors Favoring Plaque Retention
 - 27 Iatrogenic Factors Favoring Plaque Retention
 - 28 Subgingival Plaque
 - 29 Bacterial Invasion Into Tissue?
 - 30 Classification of Oral Microorganisms
 - 31 Cell Walls of Gram-Positive and Gram-Negative Bacteria
 - 32 Periodontitis—Classical or Opportunistic Infection?
 - 33 Putative Periodontopathic Bacteria
 - 34 Virulence Factors
 - 34 Virulence Transfer
 - 36 Marker Bacteria in Periodontitis
 - 37 Pathogenic “Single Fighters” vs. Pathogenic Complexes?
 - 38 Endotoxins—Lipopolysaccharide (LPS)
 - 38 Interaction Between LPS and the Host
 - 39 Pathogenesis—Reactions and Defense Capabilities of the Host**
 - 40 New Concepts of Pathogenesis
 - Therapeutic and Diagnostic Consequences
 - 41 Host Response—Mechanisms and “Participants”
 - 42 Non-specific, Congenital Immunity—the First Line of Defense
 - 43 Specific, Acquired Immunity—the Second Line of Defense
 - 44 Components of the Immune System—Summary
 - 45 Interactions Between Non-specific and Specific Immunity
 - 46 Regulatory Cell Surface Molecules: Markers, Receptors
 - 47 Cytokines
 - 49 Eicosanoids—Prostaglandins and Leukotrienes
 - 50 Enzymatic Mechanisms—Matrix Metalloproteinases
 - 51 Risk for Periodontitis—the Susceptible Host
 - 52 Genetic Risk Factors—Diseases, Defects, Variations
 - 54 Alterable Risk Factors, Modifying Co-Factors
 - 55 Pathogenesis I—Initial Inflammatory Reactions
 - 56 Pathogenesis II—Histology
 - 58 Pathogenesis III—Molecular Biology
 - 60 Attachment Loss I—Destruction of Connective Tissue
 - 61 Attachment Loss II—Bone Resorption
 - 62 Pathogenesis—Clinical Features: From Gingivitis to Periodontitis
 - 63 Cyclic Course of Periodontitis
 - 64 Periodontal Infections and Systemic Diseases
 - 65 Etiology and Pathogenesis—Summary
 - 67 Indices**
 - 70 Papilla Bleeding Index—PBI
 - 71 Periodontal Indices
 - 72 Community Periodontal Index of Treatment Needs—CPITN
 - 73 Periodontal Screening and Recording—PSR
 - 74 Epidemiology**
 - 74 Epidemiology of Gingivitis
 - 75 Epidemiology of Periodontitis
 - 76 WHO Studies
-
- Disease Entities and Diagnosis**
 - 77 Types of Plaque-associated Periodontal Diseases**
 - 77 Gingivitis—Periodontitis
 - 78 Classification of Periodontal Diseases—Nomenclature
 - 79 Gingivitis**
 - 80 Histopathology
 - 81 Clinical Symptoms
 - 82 Mild Gingivitis
 - 83 Moderate Gingivitis
 - 84 Severe Gingivitis
 - 85 Ulcerative Gingivitis/Periodontitis**
 - 86 Histopathology
 - 87 Clinical Symptoms—Bacteriology
 - 88 Ulcerative Gingivitis (NUG)
 - 89 Ulcerative Periodontitis (NUP)
 - 90 Ulcerative Gingivoperiodontitis—Therapy
 - 91 Hormonally Modulated Gingivitis**
 - 93 Severe Pregnancy Gingivitis—Gravid Epulis
 - 94 Pregnancy Gingivitis and Phenytoin
 - 95 Periodontitis**
 - 96 Pathobiology—The Most Important Forms of Periodontitis
 - 96 Type II
 - 96 Type III B
 - 97 Type III A
 - 97 Type IV B
 - 98 Pathomorphology—Clinical Degree of Severity
 - 99 Pockets and Loss of Attachment
 - 100 Intra-alveolar Defects, Infrabony Pockets
 - 102 Furcation Involvement
 - 104 Histopathology
 - 105 Additional Clinical and Radiographic Symptoms
 - 108 Chronic Periodontitis—Mild to Moderate
 - 110 Chronic Periodontitis—Severe
 - 112 Aggressive Periodontitis—Ethnic Contributions?
 - 114 Aggressive Periodontitis—Acute Phase
 - 116 Aggressive Periodontitis—Initial Stage
 - 118 Prepubertal Periodontitis—PP (Aggressive Periodontitis)
 - 119 Oral Pathologic Alterations of Gingiva and Periodontium***
 - 120 Primarily Gingival Alterations (Type I B)
 - 120 Gingival and Periodontal Alterations (Type IV A/B)
 - 121 Phenytoin-Induced Gingival Overgrowth
 - 122 Dihydropyridine-induced Gingival Overgrowth
 - 123 Cyclosporine-induced Gingival Overgrowth
 - 124 Gingival Hyperplasia Following Combined Drug Therapies
 - 125 Benign Tumors—Epulis
 - 126 Benign Tumors—Fibrosis, Exostosis
 - 127 Malignant Tumors
 - 128 Gingivitis / Pemphigoid
 - 128 Pemphigus vulgaris
 - 129 Lichen planus: Reticular and Erosive
 - 130 Leukoplakia, Pre-Cancerous Lesions—Oral Granulomatoses
 - 131 Herpes—Herpetic Gingivostomatitis
 - 132 Periodontitis with Systemic Diseases (Type IV)—Diabetes Type I and Type II
 - 134 Periodontitis Associated with Systemic Diseases (Type IV B)
Down Syndrome, Trisomy 21, “Mongolism”
 - 136 Pre-pubertal Periodontitis Associated with Systemic Disease
Papillon-Lefèvre Syndrome (Type IV B)
 - 138 Papillon-Lefèvre Syndrome—“An Exception for Every Rule”
 - 139 HIV Infection—AIDS**
 - 140 HIV Disease—Epidemiology
 - 141 Classification and Clinical Course of HIV Disease
 - 142 Oral Manifestations of HIV Disease
 - 143 Bacterial Infections in HIV
 - 144 Fungal Infections
 - 145 Viral Infections
 - 146 Neoplasms
 - 147 HIV-Associated Lesions of Unknown Etiology
 - 148 Invasion and Replication of the HI Virus—
Hurdles for Systemic Medical Treatment
 - 149 Treatment of the HIV Patient—Pharmacologic Aspects
 - 150 HIV—Treatment of Opportunistic Infections
 - 150 Infection Prevention and Post-exposure Prevention—The Dental Team
 - 151 Treatment of HIV-Periodontitis
 - 155 Gingival Recession**
 - 156 Fenestration and Dehiscence of the Alveolar Bone
 - 157 Clinical Symptoms
 - 158 Recession—Localized
 - 159 Recession—Generalized

160	Clinical Situations Resembling Recession	237	Oral Hygiene for Halitosis
161	Recession—Diagnosis	238	Possibilities, Successes and Limitations of Oral Hygiene
162	Measurement of Recession (Jahnke)	239	Initial Therapy 1—
162	Classification of Recession (Miller)		Creating Conditions that Enhance Oral Hygiene
164	Consequences of Recession	240	Supragingival tooth cleaning—Power-driven Instruments ...
165	Data Collection—Diagnosis—Prognosis	241	... and their Use
166	Data Collection—Examinations	242	Supragingival Tooth Cleaning—Hand Instruments, Prophylaxis Pastes ...
167	General Patient Health History	243	... and their Use
167	Special Patient Health History	244	Creating of Conditions that Enhance Oral Hygiene—Removal of Iatrogenic Irritants
168	Classic Clinical Findings	246	Correction of Iatrogenic Irritants—Bridge Pontics
169	Pocket Probing—Probing Depth, Clinical Attachment Loss	247	Removal of Natural Plaque-retentive Areas—
170	Pocket Probing—Periodontal Probes		Odontoplasty of Grooves, Depressions, Irregularities
171	Pocket Probing Depths—Interpretation of the Measured Values	248	Reduction of Natural Plaque-retentive Areas—Crowding:
172	Furcation Involvement—Horizontal and Vertical Furcation Invasion		Morphologic Odontoplasty
174	Tooth Mobility—Functional Analysis	249	Treatment of Plaque-elicited Gingivitis
176	Radiography	252	Gingivitis Treatment
178	Additional Diagnosis—Tests	253	Phase 1 Therapy
179	Microbial Diagnosis—Test Methods	253	Definitions
180	Microbial Pocket Diagnosis—Dark Field and Phase Contrast Microscopy	254	Non-Surgical, Anti-Infectious Therapy—Goals of Treatment
181	Microbial Pocket Diagnosis—Cultures	255	Antimicrobial Therapy—Combating the Reservoir
182	New Diagnostic Tests—Evaluation	256	Root Planing—With or without Curettage?
183	Molecular Biological Tests	257	Closed Therapy—Indication, Instrumentation
184	Bacterial Probe Test—Practical IAI PadoTest	258	Hand Instruments for Scaling and Root Planing—Curettes
185	DNA/RNA Probe Tests—IAI PadoTest 4.5	259	Powered Instruments for Debridement
186	Immunological Tests—Antigen-Antibody Reactions	260	Gracey Curettes—Areas of Use
187	Enzymatic Bacterial Tests—BANA Test	262	Hand Instruments for Special Problems—Curettes
188	Tests of the Host Response—Risks	263	Practical Scaling Technique with Gracey Curettes—Systematic Approach
189	Genetic Risk—Test for IL-1 Gene Polymorphism	268	Instrument Sharpening
190	IL-1 Gene Test—Technique, Evaluation	269	Manual Sharpening of Hand Instruments
191	Risk Factor IL-1-positive Genotype—Additional Risk Factors	270	Automated Sharpening
192	Poor Oral Hygiene as a Risk Factor—Bleeding on Probing (BOP)	271	Subgingival Debridement—Closed Root Cleaning
193	Periodontal Risk Assessment—Individual Risk Profile	276	Closed Therapy in Quadrant 1 ...
194	Diagnostic Data Collection—Periodontal Charting, I and II	277	... and in the Rest of the Dentition?
195	Computer-Enhanced Charting—the Florida Probe System	278	Limitations of Closed Therapy
196	Diagnosis	280	Possibilities and Limitations of Closed Therapy ...
197	Prognosis	281	FMT—“Full Mouth Therapy”
198	Prevention—Prophylaxis	282	FMT—Instrumental/Mechanical and ...
198	Definition: Prevention—Prophylaxis	283	... Pharmacologic Therapy
199	Prevention of Gingivitis and Periodontitis	284	FMT—Radiographic Results
		285	FMT—Statistical/Numerical Results
Therapy		287	Medication
201	Treatment of Inflammatory Periodontal Diseases	287	Anti-Infectious Supportive Therapy—Antibiotics in Periodontitis Therapy
202	Therapeutic Concepts and Techniques	288	Decision-Making Criteria—When to Use Antibiotics?
203	Therapy—Problems	290	Antibiotics—Bacterial Sensitivity and Resistance
204	Periodontitis—Therapeutic Goals, Therapeutic Outcomes	291	Systemic Versus Local (Topical) Antimicrobial Therapy
205	Periodontal Wound Healing	292	Local (Topical) Antimicrobial Therapy—“Controlled Release Drugs” (CRD)
206	Wound Healing and Regeneration—Possibilities	294	Host Response/Reaction—Modulating Substances
208	Treatment Planning—Sequence of Treatment	295	Phase 2 Therapy
	Pre-phase—Systemic Health, Oral Hygiene		Periodontal Surgery—Corrective Phase
	Phase 1—Causal, Antimicrobial, Anti-infectious	296	Purposes and Goals of Periodontal Surgery
	Phase 2—Surgical, Corrective	297	Patient Selection
	Phase 3—Preventive, Anti-infectious, “Life Long”	298	Factors that Influence the Treatment Result
210	General Course of Therapy—Individual Planning	299	Methods of Periodontal Surgery and their Indications
211	Systemic Pre-phase	300	Principles of Various Treatment Modalities—Advantages and Disadvantages
212	Evaluation—Can the Patient be Safely Treated?	302	Pre-operative Treatment—Post-operative Care
213	Bacteremia—Endocarditis Prophylaxis	303	Flap Procedures—Open Treatment
214	Dental Procedures Carrying the Risk of Bacteremia	304	Flap Design—Incisions
215	Diabetes mellitus (DM)—Risk Factor for Periodontitis	305	Instruments for Flap Surgery
216	Smoking—An Alterable Risk Factor	306	Needles and Suture Materials
217	Emergency Treatment	307	Sutures and Knots
221	Phase 1 Therapy	308	Frequently Used Suture Placements
222	Case presentation—Motivation—Information	309	“Access Flap” Surgery, Open Flap Debridement (OFD)—
223	Initial Treatment 1—		Modified Widman Flap (MWF)
	Oral Hygiene by the Patient	310	Principles of the Modified Widman Procedure—Ramfjord Technique
224	Motivation—Gingival Bleeding	312	Principles of the MWF—Occlusal View
225	Plaque Disclosing Agents	313	“Access Flap”/Modified Widman Procedure—Case Presentation
226	Toothbrushes	317	“Access flap”/Modified Widman Procedure
228	Toothbrushing Technique	318	Long-term Results Following Various Treatment Modalities
229	The Solo Technique—A Different Way to Brush Your Teeth	319	Wedge Excision Distal to a Lone-standing Tooth—Principles
230	Electric Toothbrushes	320	Wedge Excision—Most Distal Tooth
231	Interdental Hygiene	323	Regenerative Methods
234	Dentifrices	324	Intra-Alveolar Pockets—Anatomy of the Defect
235	Chemical Plaque Control—“Soft Chemo” Prevention	326	Bone Regeneration without “Transplantation”
236	Irrigators	327	Filling Materials for Intra-Alveolar Pockets—Transplants/Implants
		328	Instruments for Harvesting Autogenous Bone ...
		329	... and Their Use
		330	Implantation (Transplantation?) of Autogenous Bone
		332	Bone Replacement Materials—“Fillers”

334	Alloplastic Implant—Combined Surgical Procedure
337	Combined Procedure—Intra-Osseous Implant
338	Guided Tissue Regeneration—GTR
340	Selection of Membranes and Barriers
341	GTR Using Non-resorbable Membranes
345	Individual Immediate Membrane—Atrisorb/Atrigel Technology
346	GTR with Membrane and Filler—“Atrisorb Free Flow,” “Bio-Oss Collagen”
348	GTR with Filling Material and a Membrane—“Bio-Gide” and “Bio-Oss Collagen”
351	Regeneration Using Proteins, Growth Factors and Differentiation Factors
352	Flap Surgery Combined with Enamel Matrix Proteins—Emdogain
354	Regeneration Using Emdogain
354	Regenerative Therapy—Quo Vadis?
355	Resective Methods
	Pocket Elimination—Osseous Surgery
356	Instruments for Osseous Surgery ...
357	... and Their Use
358	Evaluation of Various Resective Methods
359	Resective Therapy
	Apical Flap Repositioning—Pocket Elimination
366	Combined Flap Surgical Techniques
367	Gingivectomy and Gingivoplasty
368	Instruments for Gingivectomy/Gingivoplasty ...
369	... and Their Use
370	Tissue Dressings and Tissue Adhesives
371	Gingivectomy/Gingivoplasty
377	GV/GP, Maxilla: Facial and Palatal
378	GV/GP—Minor Surgical Procedures, Corrective Operations
	Exposing the Margins of Restorations and Cavity Preparations
379	GV/GP—Phenytoin-Induced Gingival Overgrowth
380	Limitations of GV/GP—Cyclosporine-Induced Gingival Overgrowth
381	Furcation Involvement—Furcation Treatment
382	Embryologic Development of Multi-Rooted Teeth—Furcation
383	Furcation Involvement—Classifications
384	Treatment Planning—Problems—Long-Term Results
385	Furcation Treatment—Aids for Decision Making
386	Therapeutic Possibilities for Various Cases
388	Furcation Involvement (F1) in the Mandible—Odontoplasty and Scaling
389	Furcation Involvement, F2, in the Maxilla—Furcationplasty
390	Furcation Involvement, F2, in the Mandible—GTR Technique
392	Furcation Involvement, F3, in the Mandible—Hemisection with Extraction
394	Furcation Involvement, F3, in the Maxilla—Root Resection with Reconstruction
396	Maxillary Furcation Involvement, F3—Trisection with Maintenance of all Roots
397	Mucogingival, Plastic Surgery
398	Mucogingival Problems ...
399	... and Possibilities for Resolution
400	Frenotomy—Frenectomy
401	Free Gingival Graft—Autogenous Transplant—with Epithelium
402	Instruments for Harvesting the Transplant ...
403	... and Their Use
404	Free Gingival Graft—Thickness and Shape
405	Free Gingival Graft—Halting Recession
410	FGG—Wound Healing, Clinically ...
411	... and via Fluorescence Angiography
412	Advantages and Disadvantages of FGG
413	Covering Areas of Recession
414	Shape of the Defect—Selection of Surgical Technique
415	Pedicle Flap Techniques
416	Direct Coverage with a Free Gingival Graft
418	Coronal Repositioning after Free Gingival Grafting—2-Stage Surgical Procedure
419	Covering Areas of Recession with a Connective Tissue Graft
421	Harvesting Graft Tissue from the Palate
422	Harvesting the Graft from the Palate—Schematic and Clinical
424	Additional Methods for Harvesting Connective Tissue Grafts
425	Free Connective Tissue Graft—Nelson Technique
429	Free Connective Tissue Graft—Nelson Technique
430	Connective Tissue Graft ... and Dealing with Complications
435	Covering Areas of Recession via “Guided Tissue Regeneration”—GTR
437	Covering Gingival Recession Using Resorbable Membrane
	Treating Recession after Orthodontic Therapy
440	Covering Areas of Recession on Several Teeth—Possibilities
441	Coronally Repositioned Flaps and Papilla Rotation
442	Esthetic Improvement through Mucogingival Surgery
	and Prosthetic Restoration
444	Summary—Mucogingival, Plastic Surgery
445	Periodontics—Endodontics
446	Class I—Primarily Endodontic Problem
446	Class II—Primarily Periodontal Problem
447	Class III—Combined Perio-Endo Problems

449	Phase 3 Therapy
	Periodontal Maintenance Therapy—Recall
450	Recall in the Dental Practice—Recall Effect
451	Recall—Continuous Risk Management
452	The “Recall Hour”—Practical Periodontal Maintenance Therapy
454	Dentist and Dental Hygienist—The “Preventive Team”
454	Auxiliary Personnel and Treatment Needs
455	Failures—Lack of Periodontal Maintenance Therapy
456	Negative Results of Therapy
458	Hypersensitive Dentin

Supporting Therapies

459	Function—Functional Therapy
459	Normal Function
460	Physiologic Tooth Mobility
461	Occlusal Periodontal Trauma
462	Occlusal Bite Guard—The Michigan Splint
463	Orthodontics
464	Maxillary Anterior Segment Space Closure Following Periodontal Therapy
466	Uprighting the Mandibular Second Molar
468	Maxillary Anterior Esthetic Correction Following Periodontitis Treatment
470	Treatment of the Malpositioned Canine
471	Splinting—Stabilization
473	Temporary Splinting
474	Semi-Permanent Splinting—Anterior Area
475	Permanent Splinting—Adhesive Technique
476	Prosthetic Stabilization—Long-Term Temporary
477	Perio-Prosthetics 1
	Standard Techniques
478	Temporaries—Removable or Fixed?
479	Adhesive Bridge in the Mandible—Long-Term Temporary
480	Fixed Temporary—Problem Zones
481	Fixed Acrylic Temporary—Practicality
482	Fixed, Metal-Reinforced Long-Term Temporary
484	Definitive Fixed Reconstruction—Total Bridgework
486	Molar Loss—What Now?
487	Telescope (“Coping”) Bridgework with Few Remaining Teeth
488	Cast Framework Prostheses—“Social Solution”
489	Perio-Prosthetics 2
	Supplemental Measures, Esthetics
489	Goals, Problems and Solutions in Esthetic Perio-Prosthetics
490	Crown Margins—Biologic Width—Dentogingival Complex (DGC)
491	Esthetic Width—Umbrella Effect—Transparency
492	Smile Line—Red-White Proportions
493	Crown Lengthening—Principles
494	Surgical Crown Lengthening—Step-by-Step
496	Papilla Loss—Classification, Rules
497	Papilla Loss—Prosthetic Rehabilitation with Veneers
500	Papilla Loss—Prosthetic Treatment Using Crowns
502	Edentulous Arch Segments—Pontics
503	Alveolar Ridge Defects—Classifications
504	Alveolar Ridge Defect—Prosthetic Solution
505	Alveolar Ridge Defects—Surgical Corrections—Methods
506	Ridge Augmentation Using Partially Epithelialized Connective Tissue Graft
509	Ridge Defect—Build-up with Connective Tissue Graft—Summary
511	Dental Implants—Implant Therapy
512	Determinative Diagnostic Criteria
513	Therapeutic Concepts—Therapeutic Results
514	Recall—Management of Implant Problems

Appendices

515	Geriatric Periodontology?—The Periodontium in the Elderly
518	Age-Related Changes—Influence Upon Treatment Planning
519	Classification of Periodontal Diseases
519	New Classification of Periodontal Diseases (1999)
522	Changes—Comparing the 1989 and 1999 Classifications
523	Recall—“Personalized Periodontology”
524	Acknowledgments for Figures
525	References
528	Index