

*The Addison-Wesley Signature Series*



BOOK 4  
MIKE COHN  
SIGNATURE  
Mike Cohn

# COACHING AGILE TEAMS

A COMPANION FOR SCRUMMASTERS,  
AGILE COACHES, AND PROJECT  
MANAGERS IN TRANSITION

LYSSA ADKINS



*Forewords by Jim Highsmith and Mike Cohn*

## Praise for *Coaching Agile Teams*

“The subtitle of this book says it is for ‘ScrumMasters, Agile Coaches, and Project Managers,’ however, its guidance and advice extend to anyone associated with an agile (Scrum) team. It will also certainly help team members better understand their relationship to the work ScrumMasters, agile coaches, and project managers do for the team. And, beyond this, the book can be valuable to anyone working in a coaching capacity with any group of people, expanding the book’s application beyond agile-based efforts.”

—Scott Duncan, *Agile Coach*

“Lyssa explains brilliantly how skills from professional coaching can be applied to coaching agile software development teams. What I love about this book is how Lyssa brings practical advice to life by relating it to everyday experiences we all recognize. An essential guide for every agile manager’s bookshelf.”

—Rachel Davies, *author of Agile Coaching*

“As I read this book I could actually hear Lyssa’s voice, guiding me and sparking precious ‘a-ha moments.’ This truly is the next best thing to having an experienced and wise coach sitting by your side, helping you be the best coach you can be for your team.”

—Kris Blake, *agile coach*

“Lyssa Adkins presents agile coaching in a gentle style with firm underpinnings. She resolves the paradox of how coaching can help a team to self-organize, and shows how a nurturing environment can push teams to perform better than ever.”

—Bill Wake, *Industrial Logic, Inc.*

“I love Lyssa’s three qualities of an agile coach—loving, compassionate, uncompromising—sweet. Every chapter offers a compelling blend of philosophy and action, framework and freedom, approach and avoidance, as any agile book should. *Coaching Agile Teams* is a good candidate to become dog-eared on my desktop rather than looking good on my bookshelf. The depth and quality of expertise that Lyssa sought, sampled, and sounded out along her own coaching journey have been synthesized in her own voice of experience.”

—Christopher Avery, *Responsibility Process mentor, [www.LeadershipGift.com](http://www.LeadershipGift.com)*

“In my experience with agile projects, the agile coach is one of the most important roles to get right. *Coaching Agile Teams* by Lyssa Adkins gives the details and practical insights for what it takes to be a great agile coach.”

—Dave Hendricksen, *software architect, Thomson-Reuters*

# Coaching Agile Teams: A Companion for ScrumMasters, Agile Coaches, and Project Managers in Transition

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