

Contents

<i>Introduction – Terminology</i>	1
<i>The History of the Initial Injury: Listen</i>	5
Secondary Symptoms	12
Functional Instability	19
Joint Swelling	19
Pain	19
Knee Stiffness	19
Function	20
<i>The Functional Examination: Look</i>	21
The Deceleration Test	21
Larson's Leaning Hop Test	22
Daniel's One-Leg Hop Test	22
Losee's Disco Test	23
Arnold et al.'s Crossing Test	23
Jakob's Giving Way Test	23
General Observation Without Provocation Tests	25
<i>The Real Passive Ligamentous Examination: Examine</i>	27
The Posterior Drawers	29
The Direct Posterior Drawers	29
The Direct Posterior Drawer at 90° of Flexion	30
The Müller Test	30
Godfrey's Test	31
Is There a Posterior Lachman Test?	33
The Anterior Drawers	33
The Anterior Drawers in 90° of Flexion	33
The Palmer Direct Anterior Drawer, Neutral Rotation	33
The Anteromedial Rotatory Drawer (Slocum)	35
The Anterolateral Rotatory Drawer	35
Finochietto Test	36
Direct Anterior Drawer in 20° of Flexion	37
The Lachman-Trillat Test	37
The Anterior Drawer in 20° of Flexion with Slight External Rotation	41
T Drawer Mobility: Lemaire No. 2 Test	41
ACL Deficiency Tests	42
The Anteromedial S Jolt: Lemaire No. 1 Test	42
The Mac Intosh Pivot Shift Sign	45
Losee's Five Tests for Anterior Subluxation of the Lateral Tibial Plateau	49

Slocum's No. 2 Test for Anterior Subluxation of the Lateral Tibial Plateau	57
The Hughston Jerk Test	59
The Noyes Flexion-Rotation Drawer Test	60
The Müller Technique for the Pivot Shift Test	62
The Dejour Test for the Posteromedial Corner and Technique for the Pivot Shift Test	64
The Dupont Technique for the Pivot Shift Sign in External Rotation	66
Jakob's Scoring of the Pivot Shift in Relation to Rotation of the Foot	67
The Posterior Drawers	68
The Posterior Rotatory Drawer	68
The Posteromedial Translatory Rotatory Drawer	68
The Posterolateral Rotatory Drawer	68
The Bousquet External Hypermobility Test	72
The Jakob Reverse Pivot Shift Test	72
Recurvatum	75
Pure Recurvatum	75
The Hughston Recurvatum-External Rotation Test	75
The Collateral Drawers	77
The Galway Test	77
Tests for Collateral Laxity	78
Valgus Tests	79
Varus Tests	79
Rotational Measurement	81
Flexion-Extension	83
 <i>Complementary Examinations</i>	 84
Instrumented Manual Tests: Arthrometers	84
Manual Stress Radiographs	88
Instrumented Stress Radiographs	89
Imaging Without Stress	89
Arthroscopy of the Knee	94
 <i>Summary</i>	 96
The Anterolateral Rotatory Drawer	96
The Posteromedial Drawer	96
The Slocum Anteromedial Rotatory Drawer	96
The Posterolateral Drawers	96
The ACL-Deficient Pivot Shift	97
 <i>Conclusion</i>	 98
 <i>Appendix: Some Figures</i>	 104
 <i>References</i>	 105
 <i>Subject Index</i>	 107