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Tourenübersicht

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Nr.	Tour	Strecke	Art des Belages			Fahrzeit	Höhenmeter	max. Höhe	Kondition	Technik
1	San Bernardo	18,4 km	51%	46%	3%	2:45 Std.	900 Hm↑↓	1100 m	●●●●○	●●○○○
2	Santa Anna Trails Var. 1	15,8 km	73%	0%	27%	2:00 Std.	750 Hm↑↓	920 m	●●○○○	●●○○○
	Santa Anna Trails Var. 2	16,1 km	76%	0%	24%	2:05 Std.	750 Hm↑↓	920 m	●●○○○	●●●○○
3	Valle del Liro	26,7 km	67%	25%	8%	3:30 Std.	1150 Hm↑↓	1320 m	●●●●○	●●○○○
4	Passo San Jorio	46,6 km	60%	25%	15%	6:00 Std.	1800 Hm↑↓	1984 m	●●●●●	●●●○○
5	Il Giovo – Cavargna	16,0 km	24%	0%	76%	3:00 Std.	380 Hm↑ 1050 Hm↓	2065 m	●●●●●	●●●●●
6	Livo – Grotto Dangri	21,3 km	55%	28%	17%	2:30 Std.	580 Hm↑↓	702 m	●●○○○	●●○○○
7	Santa Croce Trail	15,0 km	74%	7%	19%	1:30 Std.	550 Hm↑↓	655 m	●●○○○	●●●○○
8	Monti di Vercana	18,2 km	72%	0%	28%	2:45 Std.	850 Hm↑↓	1020 m	●●●○○	●●●○○
9	San Bartolomeo	21,0 km	65%	17%	18%	3:15 Std.	1050 Hm↑↓	1200 m	●●●○○	●●●●○
10	Laghetto di Peschiera	17,3 km	54%	36%	10%	2:00 Std.	640 Hm↑↓	600 m	●●○○○	●●○○○
11	Il Tracciolino	24,7 km	17%	6%	77%	4:30 Std.	750 Hm↑↓	913 m	●●●●○	●●●●●
12	Pian di Spagna	29,3 km	32%	65%	3%	3:00 Std.	150 Hm↑↓	283 m	●○○○○	●○○○○
13	Alpe Rossa	16,2 km	57%	25%	18%	2:45 Std.	920 Hm↑↓	1130 m	●●●●○	●●●●●
14	Monte Legnoncino	35,5 km	46%	25%	29%	5:30 Std.	1830 Hm↑↓	1711 m	●●●●●	●●●●○
15	Monte Legnone	61,4 km	52%	25%	23%	10:00 Std.	2525 Hm↑↓	2400 m	●●●●●	●●●●●
16	Alpe Camaggiore	26,7 km	57%	25%	18%	3:30 Std.	1044 Hm↑↓	1205 m	●●●○○	●●●○○
17	Monte Muggio	17,4 km	71%	5%	24%	2:45 Std.	900 Hm↑↓	1550 m	●●●○○	●●●○○

18 Ortanella	24,2 km	54%	6%	40%	3:30 Std.	1130 Hm↑↓	1180 m	●●●●○	●●●●●
19 Mandello – Pian dei Resinelli	20,1 km	51%	28%	21%	3:15 Std.	1100 Hm↑↓	1271 m	●●●●●	●●●●●
20 Traversata Bassa	22,2 km	49%	24%	27%	3:00 Std.	950 Hm↑↓	1344 m	●●●○●	●●●○●
21 Monte Croce	19,1 km	50%	12%	38%	2:30 Std.	880 Hm↑↓	1155 m	●●●○●	●●●○●
22 Monte Bolettone	33,3 km	43%	27%	30%	4:30 Std.	1200 Hm↑↓	1165 m	●●●○●	●●●○●
23 Monte San Primo	71,4 km	52%	35%	13%	7:30 Std.	1600 Hm↑ 2100 Hm↓	1682 m	●●●○●	●●●○●
24 Bisbino Trail	18,8 km	79%	0%	21%	2:45 Std.	1020 Hm↑↓	1300 m	●●●○●	●●●●●
25 Monte Bisbino	40,0 km	47%	35%	18%	5:00 Std.	1610 Hm↑↓	1300 m	●●●○●	●●●○●
26 Monte Generoso	39,5 km	42%	20%	38%	4:30 Std.	1420 Hm↑↓	1601 m	●●●○●	●●●○●
27 Pigra	23,0 km	56%	18%	26%	2:45 Std.	750 Hm↑ 1390 Hm↓	1375 m	●●○○○	●●●○○
28 Monte Galbiga	37,5 km	64%	10%	26%	4:30 Std.	920 Hm↑ 1520 Hm↓	1576 m	●●●○●	●●●○●
29 Passo San Lucio	27,2 km	61%	18%	21%	3:45 Std.	1290 Hm↑↓	1554 m	●●●○●	●●○○○
30 Il Rogolone	16,2 km	47%	13%	40%	2:00 Std.	750 Hm↑↓	858 m	●●○○○	●●●○●
31 San Amate	25,0 km	44%	22%	34%	4:30 Std.	1460 Hm↑↓	1650 m	●●●●●	●●●●●
32 Gola del Cardinello	13,8 km	74%	2%	24%	2:00 Std.	750 Hm↑↓	1889 m	●●○○○	●●●●●

Asphalt
 Piste
 Singletrail