

Contents

1 Accelerated Partial Breast Irradiation: History, Rationale, and Controversies	1
Thomas A. Buchholz and Eric A. Strom	
1.1 Introduction	1
1.2 History of APBI	4
1.3 Controversies Regarding the Use of APBI	7
1.3.1 What Volume of Breast Tissue Is at Risk for Residual Disease After Breast-Conserving Surgery?	7
1.3.2 Which Patients May Be the Most Appropriate for APBI?	10
1.3.3 Does APBI Deliver an Adequate Radiation Dose?	11
1.3.4 Can APBI Increase Rates of Normal Tissue Injury?	12
1.3.5 Convenience Benefits of APBI	12
1.3.6 Will APBI Increase Access to Medical Facilities and Reduce Costs?	13
1.4 Conclusions	13
References	14
2 Who Is a Candidate for APBI?	19
Douglas W. Arthur, Frank A. Vicini, and David E. Wazer	
2.1 Introduction	19
2.2 Pathologic Data	21
2.3 Anatomic Patterns of In-Breast Failure After Breast-Conserving Treatment	22
2.4 Proper Selection Criteria	23
References	30
3 Pathologic Anatomy of Early-Stage Breast Cancer and Its Relevance to APBI: Defining the Target	35
Shruti Jolly, Larry L. Kestin, Neal S. Goldstein, and Frank A. Vicini	
3.1 Determining the Extent of Disease Beyond the Lumpectomy Cavity	35
3.1.1 Mastectomy Studies	35

3.1.2	Re-excision Pathologic Studies	37
3.1.3	Recurrence Patterns in PBI.....	39
3.1.4	Composite Disease Extension	41
3.2	Impact of Radiation on Local Recurrences	41
3.3	Conclusions.....	43
	References.....	43
4	The Radiobiology of Accelerated Partial Breast Irradiation.....	47
	Alexandra Stewart and Roger Dale	
4.1	General Radiobiology Principles	48
4.2	The Radiobiology of Breast Cancer.....	49
4.3	Intraoperative APBI.....	50
4.4	External-Beam APBI	51
4.5	Interstitial Implant APBI.....	52
4.6	Conclusion	54
	References.....	55
5	Surgical Considerations in Partial Breast Irradiation.....	59
	Alan Stoller	
5.1	Introduction.....	59
5.2	Patient Selection	60
5.3	Tumor Location.....	60
5.3.1	Subareola Tumors	61
5.3.2	Axillary Tail	61
5.3.3	Inframammary Fold and Other Peripheral Locations	62
5.4	Cavity Shape and Size	63
5.4.1	Surgical Approach with Wire Localization.....	65
5.5	Technical Considerations	67
5.5.1	Superficial Tumors.....	68
5.5.2	Deep Tumors	68
5.5.3	Balloon Symmetry.....	68
5.5.4	Conformance	70
5.6	Impact of Oncoplastic Techniques on the Use of APBI.....	71
	References.....	72
6	Physics of Accelerated Partial Breast Irradiation	73
	Rupak K. Das and Bruce Thomadsen	
6.1	Introduction.....	73
6.2	Interstitial Brachytherapy.....	74
6.2.1	Low Dose Rate Implants.....	74
6.2.2	High Dose Rate Implants.....	75
6.3	Intracavitary Volume Implants.....	79
6.3.1	MammoSite (Hologic, Bedford, MA, USA).....	79
6.3.2	Contura (SenoRX, Aliso Viejo, CA, USA).....	85

6.3.3	ClearPath (NAS Medical, Chatsworth, CA, USA).....	86
6.3.4	SAVI (Cianna Medical, Aliso Viejo, CA, USA).....	87
6.3.5	Electronic Brachytherapy	88
6.4	External Beam	95
6.4.1	Target Definition for External-Beam Approaches	95
6.4.2	External-Beam Techniques	96
	References.....	99
7	Quality Assurance for Accelerated Partial Breast Irradiation.....	101
	Bruce Thomadsen and Rupak Das	
7.1	Quality Management for Breast Brachytherapy	101
7.1.1	Quality Assurance During the Implantation Process	101
7.1.2	Quality Assurance During Localization and Reconstruction	104
7.1.3	Quality Assurance of the Treatment Plan	110
7.1.4	Post-treatment Verification	120
7.2	Quality Management for External-Beam Partial Breast Irradiation.....	120
7.2.1	Quality Control During Patient Positioning.....	120
7.2.2	Quality Control During Treatment Planning	121
7.2.3	Quality Management at the Time of Treatment	123
	References.....	123
8	Overview of North American Trials.....	125
	Rakesh R. Patel and Sushil Beriwal	
8.1	Introduction.....	125
8.2	Patient Selection.....	126
8.3	Interstitial Technique.....	127
8.3.1	William Beaumont Hospital	130
8.4	Tufts/Brown/Rhode Island	131
8.4.1	The Ochsner Clinic	131
8.4.2	University of Wisconsin.....	132
8.4.3	Virginia Commonwealth University	134
8.4.4	Massachusetts General Hospital	134
8.5	MammoSite Balloon.....	135
8.5.1	FDA Study	136
8.5.2	American Society of Breast Surgeons MammoSite Breast Brachytherapy Registry Trial.....	137
8.5.3	VCU Compilation	138
8.6	External-Beam APBI	142
8.6.1	William Beaumont Hospital	143
8.6.2	New York University.....	144
8.6.3	MGH.....	144
8.6.4	RTOG 0319.....	145
8.7	Conclusion	146
	References.....	147

9 An Overview of European Clinical Trials of APBI	151
Csaba Polgár, Tibor Major, Vratislav Strnad, Peter Niehoff, Oliver J. Ott, Katalin Lövey, and György Kovács	
9.1 Introduction.....	151
9.2 Early European APBI Trials.....	151
9.2.1 Christie Hospital's External-Beam APBI Trial	153
9.2.2 Uzsoki Hospital's Cobalt-Needle Study.....	154
9.2.3 Guy's Hospital Studies	155
9.2.4 Florence Series.....	155
9.2.5 Royal Devon/Exeter Hospital Series	156
9.3 Contemporary European APBI Trials	156
9.3.1 Ninewells Hospital's Study	156
9.3.2 Örebro Series	158
9.3.3 National Institute of Oncology (Hungary) Studies	158
9.3.4 German–Austrian Multicentric Trial.....	161
9.4 European MammoSite Brachytherapy Trials	163
9.5 European (GEC–ESTRO) Multicentric Randomized APBI Trial.....	167
9.6 Summary and Future Directions.....	169
References.....	170
10 The Phase III Trials: Obtaining Definitive Answers	173
Douglas W. Arthur	
10.1 Patient Selection and Study Eligibility	179
10.2 Target Delineation	180
10.3 Technique and Dosimetry	184
10.4 Quality Assurance	185
10.5 Conclusion	186
References.....	186
11 The Virginia Commonwealth University Technique of Interstitial Brachytherapy	189
Laurie W. Cuttino and Douglas W. Arthur	
11.1 History	189
11.2 Implantation Technique.....	191
11.2.1 Preprocedure Evaluation	191
11.2.2 Patient Preparation	191
11.2.3 Catheter Placement	192
11.3 Dosimetric Guidelines	197
11.4 Results.....	199
11.5 Conclusion	200
References.....	201

12 Accelerated Partial Breast Irradiation: The William Beaumont Hospital Technique of Interstitial Brachytherapy	203
Peter Y. Chen	
12.1 History	203
12.2 Physics	204
12.2.1 LDR Dosimetry.....	204
12.2.2 HDR Dosimetry	204
12.3 Implantation Technique.....	205
12.3.1 Open Cavity Technique	206
12.3.2 Closed Cavity Technique.....	208
12.4 Clinical Results.....	212
12.5 Future Directions	215
References.....	216
13 Brachytherapy Techniques: The Arizona Approach	219
Robert R. Kuske	
13.1 Introduction: A 17-Year Historical Perspective on the Evolution of Accelerated Partial Breast Irradiation.....	219
13.2 A New Hypothesis and a Potential Paradigm Shift.....	222
13.3 The Target Volume	223
13.4 Irradiating the Target Volume	224
13.5 Brachytherapy Techniques	225
13.5.1 Open Freehand Interstitial Catheter Insertion.....	225
13.5.2 Ultrasound-Guided Supine Catheter Insertion.....	227
13.5.3 Image-Guided Prone Catheter Insertion with a Special Breast Template.....	229
13.5.4 CT-Guided Supine Catheter Insertion with a Special Breast Template.....	231
13.5.5 Balloon Intracavitary Catheter Insertion.....	240
13.5.6 SAVI or Contura Insertions.....	241
13.6 Judgment: Selecting the Optimal Technique for a Particular Patient	242
13.7 Summary.....	244
References.....	245
14 The MammoSite Technique for Accelerated Partial Breast Irradiation	247
Martin Keisch and Frank A. Vicini	
14.1 History of the Applicator	247
14.2 MammoSite and the FDA Trial.....	248
14.3 Physics of the MammoSite	250
14.3.1 General.....	250
14.4 Single Dwell vs. Multidwell	251
14.5 Elliptical MammoSite.....	253

14.6	Contrast Effect	253
14.7	Implantation Techniques	253
14.8	Other Considerations	255
14.9	Appropriateness for Treatment	256
14.10	Clinical Results	258
14.11	Conclusions	261
	References	261
15	Permanent Breast Seed Implants	263
	Jean-Philippe Pignol and Brian M. Keller	
15.1	Introduction	263
15.2	PBSI Challenges and Solutions	264
15.2.1	Radioprotection	264
15.2.2	Accuracy of the Seed Implant	264
15.2.3	Seed Motion	266
15.3	PBSI Preimplant Planning	268
15.3.1	Planning and Target Volume Segmentation	268
15.3.2	Dose Prescription	268
15.3.3	Seed Dosimetry Protocol	269
15.4	PBSI Procedure	271
15.4.1	Anesthesia	271
15.4.2	Patient Preparation	271
15.4.3	Implantation	271
15.5	Results	272
15.5.1	Patient Cohort	272
15.5.2	Dosimetry Outcomes	272
15.5.3	Clinical Outcomes	273
15.6	Discussion and Conclusion	273
	References	274
16	3D Conformal External-Beam Technique	277
	Yasmin Hasan and Frank A. Vicini	
16.1	History	279
16.1.1	Rationale for External-Beam APBI	279
16.1.2	Prospective Randomized Data Comparing APBI and External-Beam APBI to Whole Breast Radiation Therapy	279
16.2	Physics and Techniques	281
16.2.1	Prone 3D Conformal APBI	281
16.2.2	Dose Fractionation Scheme for Postoperative Supine and Prone External-Beam APBI	281
16.2.3	Novel Treatment Delivery Techniques for 3D Conformal APBI	283

16.3	Clinical Results	284
16.3.1	Pilot Phase I Dose-Escalation Trial.....	284
16.3.2	Phase I/II Trial of Prone 3D Conformal APBI: New York University	286
16.3.3	The William Beaumont Hospital Experience: 3D Conformal APBI in the Supine Position	288
16.3.4	William Beaumont Hospital Experience.....	292
16.3.5	Two-and Three-Year Clinical Experience (William Beaumont Hospital).....	293
16.3.6	ROG 0319	293
16.3.7	Massachusetts General Hospital Experience	294
16.4	Challenges and Limiting Factors in the Application of 3D Conformal APBI.....	294
16.5	Future Directions	296
	References.....	298
17	External-Beam Partial Breast Irradiation: The New York University Prone Technique	301
	Silvia Formenti and Stella Lymberis	
17.1	External-Beam Partial Breast Irradiation	301
17.2	Selection of a Dose Fractionation Scheme for Postoperative Prone EB-PBI	301
17.3	Rationale for Patient Selection Criteria for Postoperative Prone EB-PBI	302
17.4	Rationale for Prone Patient Positioning.....	304
17.5	Phase I Trial Using the Prone Position (University of Southern California).....	306
17.6	Results of the Subsequent Phase I/II Protocol NYU 00-23 (New York University)	306
17.7	Preliminary Results of PBI Using Cone-Beam Imaging: NYU Protocol 07-582.....	307
17.7.1	NYU 07-582: Dose Specification and Planning.....	308
17.7.2	Cone-Beam Imaging for PBI	308
17.7.3	Preliminary Clinical Results of NYU Protocol 07-582: Image Guidance for Prone PBI.....	309
17.8	Conclusions.....	311
	References.....	311
18	APBI 3D Conformal External Beam: The MGH Technique	315
	Shannon M. MacDonald, David P. Gierga, Brian Napolitano, and Alphonse G. Taghian	
18.1	Introduction.....	315
18.2	MGH External-Beam Technique in APBI	316

18.3	Position Verification	319
18.4	Initial Results of the MGH Protocol.....	321
18.5	External-Beam APBI Dosimetric Comparison.....	322
18.6	APBI with Protons	322
18.7	Conclusions.....	325
	References.....	325
19	APBI with 50 kV Photons: Targeted Intraoperative Radiotherapy (TARGIT).....	327
	Jayant S. Vaidya	
19.1	Individualizing Local Treatment for Breast Cancer.....	327
19.2	Radiotherapy Has a Dual Benefit: On the Seed and On the Soil!	329
19.3	Radiobiology of Intraoperative Radiotherapy.....	331
19.4	Intraoperative Radiotherapy: An Elegant Method of Partial Breast Irradiation	334
19.5	The Intrabeam Machine and Surgical Technique.....	335
19.6	Results of Clinical Trials with the Intrabeam System.....	337
19.7	Health Economics.....	339
	References.....	340
20	APBI Intraoperative Technique with Electrons.....	345
	Roberto Orecchia, Giovanni B. Ivaldi, and Maria C. Leonardi	
20.1	Introduction.....	345
20.2	Rationale for the Use of IOERT in Breast Cancer.....	346
20.3	Radiobiology.....	347
20.4	Radiation Technique	349
20.5	ELIOT After Quadrantectomy	351
20.5.1	Tumor Removal.....	351
20.5.2	Breast Mobilization.....	352
20.5.3	Thoracic Wall Protection.....	352
20.5.4	Breast Gland Reconstruction	352
20.5.5	IOERT Collimator Placement and Connection to the Linear Accelerator.....	354
20.5.6	Radiation Treatment.....	354
20.6	EIO Experience.....	356
20.6.1	Phase I/II Study.....	356
20.6.2	Prospective Randomized Phase III Study of ELIOT	358
20.6.3	21 Gy as Sole Treatment at EIO	358
20.7	21 Gy as Sole Treatment at Santa Chiara Hospital	359
20.8	The Experience at the University of North Carolina	360
20.9	IOERT as a Boost.....	360
20.9.1	EIO Experience.....	361
20.10	ELIOT After Nipple-Sparing Mastectomy	362
	References.....	363

21 Intraoperative Radiation Therapy During Breast-Conserving Surgery; the Memorial Sloan-Kettering Cancer Center Technique	367
Kathryn Beal, Gil'ad N. Cohen, Beryl McCormick, Virgilio Sacchini, and Michael Zelefsky	
21.1 Background.....	367
21.2 Patient Selection	370
21.3 Technique	370
21.4 The Milan Electron Beam IORT Technique	370
21.5 The MSKCC High Dose Rate Remote Afterloading IORT Technique	371
21.6 Patient Management	373
21.7 Cosmetic Results	374
21.8 Clinical Results.....	375
21.9 Complications.....	375
21.10 Discussion.....	375
References.....	376
22 Normal Tissue Toxicity After Accelerated Partial Breast Irradiation	377
David E. Wazer and Jaroslaw T. Hepel	
22.1 Terminology, Techniques, and Radiation Biology	378
22.2 Interstitial Brachytherapy: Toxicity Reports from Select Single- and Multi-institutional Studies.....	380
22.2.1 Interstitial Brachytherapy: Dosimetric Variables	382
22.2.2 Interstitial Brachytherapy for APBI: Toxicity Avoidance Guidelines	384
22.3 Intracavity Brachytherapy.....	385
22.3.1 MammoSite Brachytherapy for APBI: Toxicity Avoidance Guidelines	390
22.3.2 Is There an Adverse Interaction Between Brachytherapy APBI and Chemotherapy?	391
22.4 3D Conformal External-Beam APBI.....	391
22.4.1 3D Conformal External-Beam APBI: Toxicity Avoidance Guidelines	392
22.5 Intraoperative APBI.....	392
22.6 Conclusion	393
References.....	393
23 Emerging Technologies Part I: New Brachytherapy Catheter Systems	397
Rakesh R. Patel and Adam Dickler	
23.1 Introduction.....	397
23.2 Background: Multicatheter Interstitial Brachytherapy	398

23.3	Background: MammoSite Balloon Brachytherapy	399
23.4	Hybrid Intracavitary Devices	400
23.4.1	Design Rationale	400
23.4.2	Treatment Planning	400
23.4.3	Surgical Technique	402
23.4.4	SenoRx Contura	403
23.4.5	Supporting Data	403
23.4.6	SAVI	404
23.4.7	Supporting Data	404
23.4.8	ClearPath	405
23.4.9	Supporting Data	406
23.5	Conclusion	406
	References	407
24	Emerging Technologies Part II: Novel Sources and Delivery Systems	409
	Jaroslav T. Hepel, Shirin Sioshansi, Mark J. Rivard, and David E. Wazer	
24.1	Introduction	409
24.2	Electronic Brachytherapy	410
24.2.1	Xoft Axxent System	410
24.2.2	Xoft Axxent Dosimetry	411
24.2.3	Radiobiological Considerations for the Xoft Axxent System	414
24.2.4	Xoft Axxent EBT Source Anisotropy	416
24.2.5	The Future Potential of Xoft Axxent: Variable Energy, Beam Directionality, and Depth-Dose Modulation	418
24.2.6	Clinical Experience with Xoft Axxent	418
24.3	AccuBoost	419
24.3.1	Why is Image-Guided Noninvasive Breast Brachytherapy Therapy Desirable?	420
24.3.2	AccuBoost Applicators and Dosimetry	423
24.3.3	Indications/Patient Selection	425
24.3.4	Special Circumstances	425
24.3.5	Conclusion	427
24.4	Alternative Radionuclides	428
24.4.1	Intraoperative Avidination for Radionuclide Therapy (IART)	428
24.5	Conclusion	429
	References	429
	Index	431