## **Contents**

List of Contributors		xiii
About	the Companion Website	xv
Introd	uction	xvii
Intı	oduction: More than a Century of Progress in Adult Orthodontic Treatment	xix
1	Potential Adult Orthodontic Patients – Who Are They? Birte Melsen	1
	Introduction Who are the patients? How do the patients express their needs? The first visit Communicating with the patient Summary References	1 1 6 7 9 10 10
2	Diagnosis: Chief Complaint and Problem List	12
	Birte Melsen, Marco A. Masioli  Introduction  Workup of a problem list – the interview and chief complaint  General health  Clinical examination  Extraoral examination  Extraoral photographs  Function of the masticatory system  Intraoral analysis – oral health  Evaluation of dental casts – arch form  Occlusal analysis  Space analysis  Cephalometric analysis  Final problem list  Indication for treatment  The presentation of the problem list – the tip of the iceberg  Concluding remarks  References	12 12 15 16 17 19 22 23 24 24 26 26 27 28 29 33
3	Actiology  Birte Melsen  Introduction  Biological background  Actiology of malocclusions in adults  Age-related changes in the skeleton	35 35 35 41 42

	Age-related changes in the craniofacial skeleton Age-related changes in the local environment Consequences of deterioration of the dentition	46 47 48
	Case reports Conclusion References	49 52 52
4	Interdisciplinary versus Multidisciplinary Treatments	54
	Birte Melsen	
	Interdisciplinary or multidisciplinary treatments	54
	Establishment of an interdisciplinary team	56
	Treatment sequence	59
	Essential and optional treatment procedures	59
	Interaction during treatment	62
	Post-orthodontic treatment	62
	Patient satisfaction	62
	Examples of interdisciplinary cases	63
	References	63
5	Treatment Planning: The 3D VTO	65
	Birte Melsen, Giorgio Fiorelli	
	Determining the treatment goal using the occlusogram	65
	Production of an occlusogram: manual procedure and general concepts	66
	Responding to patients' needs	76
	Orthodontic treatment: art or science?	78
	References	78
6	Tissue Reaction	79
	Carlalberta Verna, Birte Melsen	
	Orthopaedic effects	<i>7</i> 9
	Orthodontic effects in adult patients	80
	References	97
7	Appliance Design	101
	Birte Melsen, Delfino Allais, Giorgio Fiorelli	
	Introduction	101
	Treatment goal definition	101
	Anchorage evaluation	110
	Sequencing the treatment into phases	110
	Appliance selection and design	112
	Conclusion References	138
	•	138
8	Anchorage Problems	141
	Birte Melsen, Carlalberta Verna	
	Introduction	141
	Definition Classification of such angel	142
	Classification of anchorage	142
	Intramaxillary anchorage Differential anchorage	142 146
	Soft-tissue anchorage	147
	Free anchorage	147
	Intermaxillary anchorage	151
	Occlusion	155
	Differential timing of force application	156
	Conclusion	156
	Extraoral anchorage	156

	Skeletal anchorage Prosthodontic implants	156 157
	Temporary anchorage devices	157
	Palatal implants	159
	Palatal mini-implants with abutments, optimal insertion sites and possible mechanics	159
	Implant placement and adaption of the mechanics	159
	Clinical applications for palatal mini-implants	163
	Conclusion	163
	Onplant	163
	Retromolar implants	163
	Immediately loadable devices	164
	Zygoma ligature	164
	Miniplates	164
	Mini-implants	164
	Material	166
	Design of the intraosseous parts	166
	Design of the transmucosal parts	168
	Design of the head of the mini-implant	168
	The screwdriver	168
	Insertion site	168
	Insertion	170
	Antibiotics	171
	Load transfer	171
	Tissue reaction to loading	172
	Loading	173
	Orthodontic mechanics	173
	Alternative application of TADs used as anchorage	173
	Indications	174
	Complications	175
	What happens if the screw touches a root?	175
	Failures	176
	Problems related to the mini-implant and solutions	176
	Problems related to the insertion procedure	176
	Problems related to the patient	176
	Future of TADs	176
	References	177
9	Bonding Problems Related to Adult Reconstructed Dentitions	181
	Vittorio Cacciafesta	
	Introduction	181
	Brackets	182
	The Basis of the Bonding Clinical Procedure	189
	Banding	205
	Auxiliary Attachments and Aesthetic Buttons	209
	Anchorage Needs and Reinforcement	210
	Bonded Retainers	211
	References	212
10	Material-Related Adverse Reactions in Orthodontics	216
	Dorthe Arenholt Bindsley, Gottfried Schmalz	
	Introduction	216
	Fixed appliances	216
	Removable appliances	227
	Miscellaneous materials	230
	Concluding remarks	230
	References	231
	-	

11	Patients with Periodontal Problems	235
	Birte Melsen	
	Prevalence of periodontal disease	235
	Malocclusion and periodontal disease	235
	Orthodontics and periodontal disease	236
	Indications for orthodontic treatment in periodontally involved patients	239
	Treatment of patients with flared and extruded upper incisors	242
	Tissue reaction to intrusion of teeth with horizontal bone loss	247
	Treatment of patients with vertical bone defects	250
	What are the periodontal limits for orthodontic tooth movement?	254
	Sequence of treatment in periodontally involved patients	258
	Conclusion regarding influence of orthodontic treatment on periodontal status	260
	References	262
12	A Systematic Approach to the Orthodontic Treatment of Periodontally Involved	
	Anterior Teeth	265
	Jaume Janer	
	Single tooth gingival recession	265
	Progressive spacing of incisors	269
	Case reports	275
	Management of periodontally involved teeth	276
	References	290
12	•	
13	Interdisciplinary Collaboration between Orthodontics and Periodontics	293
	Francesco Milano, Laura Guerra Milano	202
	Introduction	293
	Periodontal diagnosis	294
	History taking and clinical and radiographic examination	294
	Screening for periodontal disease	294
	Local factors predisposing to periodontal therapy	296
	Timing of ortho-perio treatment	297
	Periodontal therapy	298 298
	Surgical therapy Mucogingival and aesthetic surgery	
	Regenerative surgical therapy	300 312
	Supportive periodontal treatment	312
	Ortho–perio and multidisciplinary clinical cases	312
	Conclusion	319
	Acknowledgements	319
	References	321
	•	
14	Prosthetically Guided Orthodontic Strategies	323
	Arturo Imbelloni, Cesare Luzi	222
	Introduction	323
	Interdisciplinary treatment planning: orthodontics in periodontal prosthesis	324
	Prosthodontic indications for orthodontic therapy	325
	Pre-prosthodontic orthodontics	325
	Role of temporisation in interdisciplinary treatment	343
	Prosthodontic finalisation	345
	References	346
15	Patients with Temporomandibular Joint (TMJ) Problems Birte Melsen	348
	Orthodontics and dysfunction	348
	Controversy in the literature regarding TMD and occlusion	350
	Treatment and TMD	351
	Treatment of clicking joints	352

	Orthodontic treatment of patients with TMD Organisation of the treatment	352 358
	Conclusion References	358 360
16	Patients with Temporomandibular Disorders	362
	Peter Svensson, Fernando G. Exposto	
	Introduction	362
	Classification and epidemiology	362
	Diagnostic procedures	363
	Risk factors and aetiology	367
	Pathophysiology	368
	Management	371
	Summary	373
	References	374
17	Clear Aligners and Their Role in Orthodontics	379
	Sonil Kalia, Reginald Mietke, Birte Melsen	
	History of aligners	379
	Difference between aligner treatments and conventional orthodontic treatments	380
	What types of patients are seeking aligner treatments?	380
	Pre-treatment considerations  What has to be evaluated before the aligners are produced?	380
	What has to be evaluated before the aligners are produced? Force-driven or displacement-driven aligners?	381 381
	Invisalign®	381
	Orthocaps*	385
	Studies on treatment efficacy and efficiency of aligner	389
	What role will the aligners play in the future?	390
	Conclusion	391
	References	391
18	Progressive Slenderising Technique	392
	Dr Pablo Echarri, Emma Vila Mancho	
	Definition and objectives	392
	Anthropological justification of slenderising	393
	Influence of slenderising on dental plaque, caries and periodontal disease	393
	Indications	394
	Contraindications	397
	Advantages of slenderising	399
	How much enamel can be stripped?	399 401
	Special considerations Instrumentation for slenderising	401
	Progressive slenderising technique	404
	Slenderising with aligners	407
	The design and planning of the slenderising and preventing risks in slenderising	411
	Stripping and Bolton index	412
	How much enamel can be worn out?	417
	Facial and dental midlines	418
	Teeth size	418
	Design and planning of the stripping	418
	Progressive stripping technique	419
	Case reports	421
	References	421
19	Post-Treatment Maintenance	423
	Birte Melsen, Sonil Kalia	100
	Stability Biological maintenance	423 424
	בוטוטצונעו וועוווופוועוונפ	424

	Mechanical maintenance – retention	426
	Intermaxillary retention	431
	Active retention plates	434
	Latest technology in retainers fabrication (bonded and vacuum-formed)	434
	Virtual removal of fixed appliances and or attachments to fabricate retainers	434
	Retention after aligner orthodontic treatments	435
	Future developments	435
	Conclusion	435
	References	436
20	Treatment Duration: Can It be Shortened?	438
	Sabarinath Prasad, Mauro Farella, Birte Melsen	
	Introduction	438
	Adjuncts to accelerate tooth movements	438
	Treatment-related factors	441
	Conclusions	444
	References	444
21	What are the Limits of Orthodontic Treatment?	446
	Birte Melsen	
	What determines the limits?	446
	Reference	447
Index		448