

TABLE OF CONTENTS

Imprint/Legend	2
List of Maps	6

HISTORY AND CULTURE

History	15
Geography	21
Moroccan Life	25
Agriculture in Transition	39

TRAVELING IN MOROCCO

AT THE PILLARS OF HERCULES	51
Tangier	51
Rif Mountains	62
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	69

THE ISLAM'S WESTERN BORDER	73
Northern Atlantic Coast	73
Rabat	77
Casablanca	84
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	89

Southern Atlantic Coast	90
Agadir	95
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	97

MOORISH MIDDLE AGES	101
Fès	101
Meknes	112
Volubilis	119
Moulay Idriss	123
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	125

NOMADS, CEDARS AND SECLUDED SEAS	129
Middle Atlas	129
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	135

AROUND JEBEL M'GOUN	139
Central High Atlas	139
Imilchil	142
M'Goun Trek	143
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	147

THE RIVER OASES OF THE SOUTH	151
From Midelt to Erfoud	153
Tafilalet and Erg Chebbi	156
From Erfoud to Ouarzazate	159
Dra Valley	163
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	165
 MARABOUTS AND MOUNTAIN PEAKS	169
Marrakech	169
Tinmal	182
Ourika Valley	184
Telouet	186
Toubkal Trek	187
Oukaïmeden Trek	190
Jebel Siroua Mule Trek	192
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	193
 ARGAN TREES AND FORTIFIED GRANARIES	197
Anti-Atlas	197
Jebel Bani	206
Anti-Atlas Trekking	210
Western Sahara	216
<i>GUIDEPOST: Hotels, Restaurants, Sights</i>	217

FEATURES

Fatima's Daughters	222
Children	224
Moroccan Cuisine	226
The Art of Bargaining	228
Knotted Dreams	230
Noble Horses	232
Moroccan Literature	235

GUIDELINES

Travel Preparations	
Conditions of Entry	238
Climate and Travel Seasons	238
Clothing	238
Health Precautions	239
Money	239
Morocco in Figures	240
Return Flight	240
Travel Routes to Morocco	
Air / Sea / Rail / Bus / Car	240
Travel within the Country	
Air / Rail / Bus / Taxi / Rental Cars	241
With your own Vehicle	241
Prohibited Areas	242
Traffic	242
Practical Tips	
Accommodation	242
Alcohol	242
Beggars	242
Business Hours	243
Customs	243
Drink	243
Drugs	243
Electricity	243
Emergencies	243
Etiquette	244
Food	244
Fraud	244
Guides	245
Holidays and Festivals	245
Photography	246
Shopping	246
Theft	246
Tips	246
Women traveling alone	246
Addresses	247
Phrase Guide	248
Credits	249
Index	250