

TABLE OF CONTENTS

Imprint / Map Legend	2
List of Maps	6

HISTORY AND CULTURE

A History of Hawai'i	15
Hawaiian Culture and Customs	39

TRAVELING IN HAWAI'I

O'AHU	59
Honolulu	63
Waikiki	76
Pearl Harbor and Environs	81
Windward Coast	85
North Shore	90
Leeward Coast	92
GUIDEPOST: Hotels, Restaurants, Sights	94-95

MAUI	99
Central Maui	104
West Maui	106
Kihei Coast	113
Hana Highway	115
Haleakala	120

MOLOKA'I	129
West Moloka'i	131
Eastern Moloka'i	133
Kalaupapa Peninsula	134
Lana'i	136
GUIDEPOST: Hotels, Restaurants, Sights	140

BIG ISLAND	145
Hilo	146
Puna	150
Volcanoes National Park	152
Kona Coast	156
Kohala Coast	164
Hamakua District	169
GUIDEPOST: Hotels, Restaurants, Sights	172-173

KAUA'I	177
Lihu'e	181
Po'ipu	184
West Kaua'i	187
Waimea Canyon	191
Hanalei	192
Ni'ihau	200
GUIDEPOST: Hotels, Restaurants, Sights	204-205

FEATURES

Shopping	210
The Lei	214
Hawaiian Quilt	218
Surfing	220
Hawai'i's Friendly Volcanoes	222
Hawaiian Food	226
Hawai'i's Ethnic Issue	230
Hawai'i's Economy	234
Environmental Issues	238

GUIDELINES

Preparation	240
Arrival Formalities	240
Immigration/Visas	240
Customs	240
Climate	240
Clothing	240
Currency and Exchange	241

Traveling to Hawai'i	241
Air	241
Sea	241
Traveling in Hawai'i	241
Inter-Island Travel	241
Local Land Transportation	241
Practical Tips	242
Accommodation	242
Alcohol	243
Electricity	243
Festivals and Annual Events	243
Health	244
Holidays	244
Hospitals and Medical Centers	245
Information	245
Newspaper	245
Photography	245
Postal Services	245
Restaurants	245
Shopping	245
Statistics on Hawai'i	245
Time	246
Tipping	246
Tourist Offices	246
Weights and Measures	246
Addresses	247
Important Telephone Numbers	247
Foreign Representation in Honolulu	247
Hawai'i Visitors Bureaus Abroad	247
Glossary	248
Authors	249
Photographers	249
Index	250