

Table of Contents

Preface Gundula Hauser, FRDI President	4	Out of Narrowness and Into a Vivid Expanse Dipl. Psych. Nele S. Köhler	84
Preface Trish Broersma, EFMHA President	5	Horses – Companions who Help Lift Depression Dr. Marika Weiger	104
A Short History of FAPP Dipl. Psych. Monika Mehlem	6	The Horse as a Good Object in Long-Term Psychotherapy Dr. Marja-Leena Yrjölä	122
Introduction Prof. Dr. Carl Klüwer	8	To Horse! Drs. W.H.M. van Lieshout	134
Self-Experience on Horses Dr. med. Barbara Klüwer	10	Animal-Assisted Psychotherapy and Equine-Facilitated Psychotherapy with Traumatized Children Susan M. Brooks, Psy.D.	143
Dare to be Afraid - Ways of Overcoming and Integrating Anxieties with the Help of Horses Dipl. Psych. Monika Mehlem	20	Treating Abuse with the Help of a Horse Marilyn Sokolof, PhD	167
From Being Held to a Dialogue A Case of Psychotherapy Based on Depth Psychology and Including Horses Dipl. Psych. Barbara Groth	40	"Searching for the Whole (Healing) Center" Possibilities and Limitations of Therapeutic Riding Dr. Dr. Michaela Scheidhacker	175
The Effect of Horses on Psychotherapeutic Work Dipl. Psych. Barbara Groth	56	Thoughts After All Prof. Dr. Carl Klüwer	196
Lucia – Therapy Given to an Adolescent with Post-Traumatic Stress Disorder Dipl. Analyt. Psych. Birgit Heintz	70	Appendix	199